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Celebrity Buzz

Dutch festival ditches Snoop
pg 22

Accused bank bombers to appear in court

EXPLOSIVE Two of three Ottawa men charged in relation to an arson at the RBC bank branch at 745 Bank St. on May 18 make their next court appearance today.

On Saturday, three suspects appeared in court following a 30-day investigation by the Ottawa police, OPP and RCMP.

The investigation found that those responsible had used a combination of an accelerant and an improvised explosive device to set the lobby of the bank ablaze, causing more than $500,000 in damages.

The suspects, Matthew Morgan-Brown, 32, and Claude Haridge, 50, are to appear in court by video remand today. Morgan-Brown is charged with arson causing damage, possession of incendiary material and using explosives with intent to cause property damage and mischief. Haridge is charged with careless storage and handling of ammunition and fail to comply with undertaking.

Roger Clement, 58, appears in court Friday.

TRACEY TONG/METRO OTTAWA

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Taxmen caught snooping

Some Canada Revenue Agency employees accessing files of ex-spouses and more

Dozens of workers at Canada's tax agency have been caught snooping on their ex-spouses, mothers-in-law, creditors and others by reading confidential tax files.

Internal reports at the Canada Revenue Agency show that rogue employees are improperly reviewing the private financial affairs of taxpayers without their knowledge.

And some are using agency computers to give favoured treatment to colleagues, friends, family — and themselves.

Helping himself

- Some workers who were caught claimed they were simply helping relatives file their income-tax forms.

But one worker admitted using the agency's computer system and confidential tax information to issue himself a false charitable donation receipt for $3,000, thus reducing his income-tax payable.

In one egregious breach last October, a woman accessed 37,500 emails and 776 documents containing confidential financial information about ordinary Canadians. She downloaded the files onto 17 compact discs for her personal use, inexplicably helped by agency technicians.

Documents outlining the forbidden invasions into private tax data were obtained by The Canadian Press under the Access to Information Act.

In one case, a worker secretly operated a business on the side with her spouse, and between 2004 and 2009 "accessed the accounts of two creditors and the spouse of one of those creditors."

Another worker was found to have inspected his spouse's tax information 69 times without permission.

A woman in one unidentified office poked into the agency's data looking for confidential information on colleagues, friends and family — apparently to give them a break on their taxes.

"The employee made unauthorized access to the tax information of three colleagues and to the tax information of a colleague's daughter, spouse and mother," says one report.

"She accessed her own tax information and the tax information (of) 13 relatives ... She provided preferential treatment to colleagues, relatives and acquaintances."

THE CANADIAN PRESS

Dragon boat fest draws 75K

TRACEY TONG
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FUNDRAISER Dragon boaters and their fans proved themselves a tenacious bunch this past weekend.

The weather, which changed from hot and sunny to cloudy and rainy several times during the Tim Hortons Ottawa Dragon Boat Festival, failed to deter people from attending North America's biggest dragon boat festival.

The event drew a record 75,000 people, including 5,000 paddlers from across the continent, said the festival's executive director, John Brooman.

Minutes before the closing ceremonies began at Mooney's Bay yesterday, Brooman called the event "amazing" and "unbelievable."

"We've had a lot of positive changes on site," he said. "And that's allowed us to accommodate more people."

Although the fundraising totals won't be in until sometime this week, Brooman is confident the Ottawa Dragon Boat Foundation has exceeded its fundraising goal of $350,000, which will benefit seven Ottawa charities including the Sens Foundation/Project S.T.E.P., the CHEO Foundation, Bruyère Foundation, ArtsSmarts, the Ottawa Humane Society, the University of Ottawa Institute of Mental Health Research and Debra Dynes Family House.

Despite attracting world-class dragon boaters — including a Canadian Navy team from Victoria and competitive paddlers from Philadelphia and New York state — the event is really about community, Brooman said.

"We're definitely reaching out and people can't believe what we're doing here," he said.

MARC DESROSIERS/FOR METRO OTTAWA

Paddlers propel themselves toward the finish line yesterday during the Tim Hortons Ottawa Dragon Boat Festival at Mooney's Bay. A record 75,000 people attended the three-day event.

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Local

Artist's work featured for charity

An Ottawa-based Ojibway artist will have his painting, entitled United, featured on a T-shirt in support of the charity Free the Children in celebration of National Aboriginal Day today. Me To We is launching the shirt, left, today. The organization approached Tom Hogan, who paints in the Woodland-style first developed by the late world-renowned artist Norval Morrisseau, after seeing his work featured in Metro last year. METRO OTTAWA

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News in brief

SUSPECT Police seek a white male with an older, green, four-door car after a man approached a nine-year-old girl who was walking on Durocher Street in Vanier Saturday.

SEX ASSAULT Police are investigating after a 24-year-old woman was sexually assaulted in Central Park last Tuesday. The woman was grabbed from behind, dragged into a secluded area and sexually assaulted.

PORN A 16-year-old faces child pornography-related offences after police executed a search warrant last week.

CHARGES A Hearst man faces charges after a collision on the MacDonald-Cartier Bridge left a 22-year-old Ottawa male with serious injuries. METRO OTTAWA

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What's online today.

Immigration Guidy Mamann on a small change to a federal bill that may be big trouble for Canada's humanitarian reputation

Lotteries

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More than 1,300 Do It For Dad

Participants in fundraiser for men's cancers raise record $354K

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For all their fathers and the men in their lives have done for them, Ottawa residents said "Thanks Dad" at a Father's Day institution in the capital yesterday.

More than 1,300 people raised a record $354,672 — up $75,000 from last year — for the Ottawa Regional Cancer Foundation through the Do It For Dad event at Carleton University yesterday.

The fight against prostate cancer was newly expanded to help fight all men's cancers. The money goes towards research, educational programs, reducing wait times for diagnosis and treatment, bringing care closer to home and to improve the quality of life for patients.

Participants have embraced the change, said foundation president and CEO Linda Eagen.

"There are other types of cancers affecting men in our community that require research and awareness building," Eagen said.

Cancer survivor Brian Kilrea said he was "blessed with the research we've done."

The general manager of the Ottawa 67s and Celebrity VIP Team member was first diagnosed with a melanoma on his back 15 years ago.

"It's a good opportunity for us to raise some money for a very important cause," said participant Mary Ellen Kelly.

Last December, Doni White lost her husband, Andrew, after an 18-month battle with cancer.

"This is our first round at doing something positive," she said. "Next year, we hope to do even more."

NHL draft pick and the VIP team's honorary captain Erik Gudbranson wanted to raise awareness among young people. Gudbranson said most young people don't think about cancer until they are in their 30s or 40s.

"I think it's important for people to understand that it can possibly happen to you before then," he said.

TRACEY TONG/METRO OTTAWA

Runners take off at the start of the 10-kilometre race at the Do It For Dad fundraiser to benefit the Ottawa Regional Cancer Foundation at Anniversary Park yesterday. The event raised a record $354,672.

'Incredible' talent emerges at Aboriginal Arts fest

STEVE COLLINS
for Metro Ottawa

ABORIGINAL DAY Victoria Island echoed with traditional and modern music over the weekend during the fourth annual Summer Solstice Aboriginal Arts Festival.

As an early celebration for National Aboriginal Day today, an estimated 8,000 to 10,000 people came through the festival on Saturday, event co-ordinator Trina Mather-Simard said yesterday.

"Each year it just gets better, Mather-Simard said. Her favourite festival event is the Aboriginal Canada, We Got Talent! contest.

"Every year I am shocked by the incredible emerging aboriginal talent," she said.

Aboriginal R&B singer Inez, who performed on the main stage at this year's festival, won the talent contest two years ago. Last year, she won the Aboriginal People's Choice Music Awards for best new artist, best pop CD, best album cover and single of the year.

Katie Peltier brought her daughter Brooke and son Sladen to enjoy the activities yesterday, topping off a weekend of aboriginal events in the city.

"We were at the powwow at Dow's Lake yesterday," she said. "It's a wonderful way to raise awareness."

Ceremony marks start of Korean War 60 years ago

REMEMBRANCE Veterans of the Korean War gathered at the National War Memorial and the Tomb of the Unknown Soldier yesterday for a wreath laying and ceremony of remembrance. This year marks the 60th anniversary of the outbreak of the war and the 57th anniversary of the Korean War Armistice.

Conservative Senator Yonah Martin, a Korean-Canadian, laid a wreath on behalf of the Canadian government and reviewed the veterans with Korean ambassador Chan-Ho Ha. She said meeting with the veterans was a profoundly moving experience.

"It means everything," she said. "I'm a daughter of two immigrants who survived the war. My mother was 12, my father was 17, so I am here because of the contribution of the United Nations forces. Without them, we don't know what Korea might have become."

Over the course of the Korean War, 26,000 Canadians fought and 516 died alongside 16 other UN member nations.

STEVE COLLINS/FOR METRO OTTAWA

STEVE COLLINS/FOR METRO OTTAWA

Senator Yonah Martin chats with members of Korea's Little Angels folk ballet troupe at a remembrance ceremony.

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Chernushenko announces run for council
Sustainability advocate, filmmaker and entrepreneur David Chernushenko is throwing his hat in the ring in the upcoming municipal election. He is running in Capital Ward. METRO OTTAWA

STEVE COLLINS/FOR METRO OTTAWA

Harry Willis, 18, braves the unicycle obstacle course at Bikefest yesterday.

Cyclists have their day at Bikefest

RECREATION Some came on two wheels, some on one, some on low-riding bikes pedalled by hand, to the second annual Bikefest at LeBreton Flats on yesterday.

LeBreton's proximity to bike trails, and the Ottawa River Parkway, which was closed to vehicular traffic yesterday for Sunday Bikedays, all helped attract more cyclists, said Bikefest co-ordinator Nicki Mosley.

An estimated 500 people attended.

"Our hope here is to continue expanding this event and getting more folks on board and involved and engaged in the cycling community in many different ways," she said.

Attractions included a safety skills course for kids, an obstacle course competition for unicycles, and free bike repair clinics.

The variety of exhibitors at the free event, Mosley said, reflects the diversity of the cycling community in Ottawa.

"It's a fantastic city for cycling," she said. "And the fact that they have these Sunday Bikedays, where they actually close down a major parkway to allow people to access the city in a fun and recreational way, is fantastic."

STEVE COLLINS/FOR METRO OTTAWA

Fighting a 'silent killer'

Survivors, supporters walk for liver cancer

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Linda McNeely gave her son life, but about two years ago, Sean, then 19, returned the favour.

Diagnosed with liver disease in 1995, the Orleans resident was on medication and "extremely fatigued all the time."

When in 2007, the time came to explore options for a transplant, her husband Tom and their three sons all stepped up, but Sean, a uOttawa student, was the best match.

"I'm here because of Sean and the amazing, miraculous world of transplants," said McNeely at the Stroll for Liver fundraising walk for the Canadian Liver Foundation at Britannia Park yesterday.

Research and science surrounding liver disease have come a long way, said Annette Martin, regional manager for the foundation's eastern Ontario chapter.

One in 10 Canadians are affected by liver disease.

Twenty-five years ago, Martin and her husband lost their nine-month-old son, Greg, to liver disease.

"If we had the research and knowledge ... our son might be here with us today," she said. "It just goes to show what the dollars raised here can do."

Yesterday's event raised more than $40,000. Most of that money will remain in the Ottawa area for research, education, awareness and to support people with liver disease, Martin said.

Daljit Nagpal and his family founded the fundraiser after losing their 18-year-old daughter, Trisha, to liver disease five years ago. "Hopefully, we are doing enough so that this tragedy doesn't happen to other people," Nagpal said. "Liver disease is a silent killer. Hopefully, we can raise awareness about liver disease."

News in brief

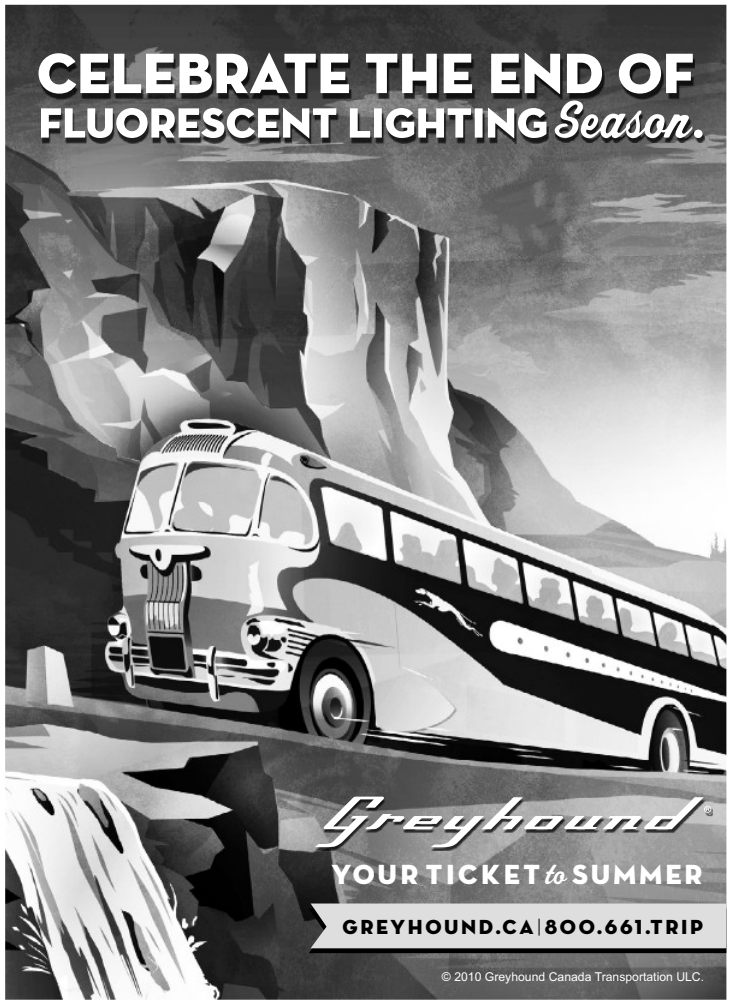
FUNDRAISER The Sens Foundation raised $183,653 at the Scotiabank Walk, Roll and Run for Roger's House yesterday.

ATTACK A man in his mid-20s is in stable condition in hospital after suffering multiple stab wounds in the city's west end.

THEFT Police are seeking a suspect after a man attempted to rob a Richmond Road Shoppers Drug Mart Saturday. A suspect handed staff a note asking for drugs and then tried to gain access to the safe using staff keys without success.

CRASH Police are investigating after a man was airlifted to hospital following an ATV crash on Vances Side Road Saturday. Police said the off-road vehicle flipped over on private property after striking a tree.

METRO OTTAWA



Judge greenlights Canwest buy
An Ontario Superior Court judge gave the go-ahead Friday for a group of creditors led by Paul Godfrey, the CEO of the National Post, to buy parent company Canwest's entire newspaper division. THE CANADIAN PRESS

Canada

Reward offered for tiger, camels

A reward of $20,000 is being offered for information leading to the return of a tiger and two camels, pictured, taken from a parking lot in Quebec. "Our only concern, at this time, is for the safe return of the animals," said Michael Hackenberger, director of the Bowmanville Zoo, located about 75 kilometres east of Toronto. A Ford truck, hauling a trailer containing Jonas the tiger and camels Sean and Todd, disappeared on Friday morning. THE CANADIAN PRESS

Slain child's dad starts trip

Father's Day means something different to Rodney Stafford than to most dads.

For the father of eight-year-old Victoria Stafford, the southwestern Ontario girl killed last year, the day gives him renewed purpose to make the world safer for his son and all children.

Victoria Stafford

Rodney Stafford and his 12-year-old son Daryn spent yesterday at the top of a mountain in Jasper, Alta., a place Victoria visited and fell in love with the summer before she died.

Two people — Terri-Lynne McClintic and Michael Rafferty — were charged with first-degree murder in her death.

On Tuesday, Stafford and his son kick off a bike ride from Edmonton back to their hometown of Woodstock, Ont., a 3,500-kilometre journey that will take them to 44 cities and towns along the way.

Stafford made the journey himself last year, from Woodstock to Edmonton, raising money for Child Find Ontario. He has raised more than $60,000 from the start of last year's ride to now.

He has no monetary target for this sequel journey, which he and Daryn are calling Kilometres for Kids 2: A Sibling's Story.

"My main goal is just to create awareness," Stafford said. "I want to get it out there that there are horrible people out there and parents need to stop taking it for granted that their children are safe."

The father and son are planning to make it back to Woodstock on Aug. 8, building in a few days of rest to their trip.

THE CANADIAN PRESS

Events

- There are fundraising events planned in many cities and towns along the way. Jasper had declared yesterday Victoria Stafford Day. Marathon, Ont., is hosting a birthday party in honour of Tori on July 15 — the day she would have turned 10.

Son has high hopes for journey

TRIP Rodney Stafford describes his children as two peas in a pod. Daryn lost his best friend in Victoria and his dad wants him to experience the warmth and generosity people showed him on his bike ride last year.

Daryn said it will be "awesome" to meet a lot of nice people along the way. "You see people and they do stuff for cancer, but you don't see many people doing it for kids," he said. THE CANADIAN PRESS

Poll: Despite costs, most OK with summits

G20 Summit

POLITICS A fake lake, faux Muskoka backdrops and a $1-billion price tag are troubling but not enough to turn off a majority of Canadians to the benefits of summitry, a poll suggests.

Three-quarters of respondents to The Canadian Press Harris-Decima poll said this week's G8 and G20 summits in Ontario are important and worth the expense of hosting.

Some 76 per cent said the summits in Muskoka and Toronto were either very or somewhat important versus 20 per cent that said they were opposed.

Survey respondents favoured their country hosting the 72 hours of talks by a 68-26 margin.

The Harper government has been under fire for the bloated cost of the summits. Ottawa spent $57,000 on a fake lake, a political sore point of the $1.9-million Canadian Corridor. THE CANADIAN PRESS

News in brief

FAR NORTH An Arctic community that has seen its fire hall sink and roads buckle in the melting permafrost is now shifting future building projects away from town. The effect of vanishing permafrost — soil normally frozen year round — is now being felt across Canada's North, and the Quebec village of Salluit is trying to adapt to a warmer climate. THE CANADIAN PRESS

Report chides wealthy nations on assistance promises

G8 The world's richest countries have come up short on their commitments to assist the developing world, says a new report that counts Canada among the more reliable G8 members.

The report released yesterday says the OECD and Group of Eight countries are $10 billion behind the five-year, $50-billion increase they promised at their 2005 summit in Scotland.

The document prepared by the Foreign Affairs Department prior to this week's Ontario summits says some G8 members — like Canada — are meeting or surpassing their goals, but it says others are not.

There has been significant progress in some areas, it finds, but it says there are still problems in key areas like disease prevention, water and sanitation, and maternal and child mortality.

"Universal access targets with respect to HIV/AIDS will not be met by 2010 and many developing countries, in particular those in Africa, remain off-track to achieve the health-related (goals)," it says. "The (goals) on child mortality and maternal health are proving the toughest area in which to make progress."

THE CANADIAN PRESS

ScanLife
Chef Rory Golden learns surprising lessons about cooking for G8 leaders.
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PAWEL DWULIT/THE CANADIAN PRESS

Minister of International Cooperation Bev Oda, left, answers questions from the media as Minister of Foreign Affairs Lawrence Cannon, right, listens following the release of the G8 Accountability Report in Ottawa yesterday.

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Unclaimed $50-million jackpot up for grabs

For the third week in a row, no one has the winning ticket for the $50-million jackpot prize in Friday night's Lotto Max draw. That means the jackpot will be the same for the next draw June 25th. The odds of winning the last jackpot was one in 28 million. THE CANADIAN PRESS

Waterloo's famous for faces, places

NAMES A number of communities in Canada can trace their names back to the decisive battle that finally defeated Napoleon 195 years ago.

In Ontario, a regional municipality, a city and a university all go by the name Waterloo.

The victorious Arthur Wellesley, Duke of Wellington, is remembered through the names of such Ontario communities as Arthur and Wellesley. An Ontario county and a village are called Wellington. Numerous municipalities throughout Canada have streets names reflecting some aspect of the battle. Several other Waterloo veterans are commemorated geographically in Canada; for instance, Waterloo veteran Charles Lennox, Duke of Richmond. There is a Richmond and a Richmond Hill in Ontario as well as a Richmond in Prince Edward Island and Quebec. A couple places are known as Lennoxville.

Other places across the country can be traced back to Colonel Sir John Colborne, Lt.-Gen. Sir Thomas Picton, Henry Paget, Earl of Uxbridge, and Sir George Thomas Keppel (Earl of Albemarle).

THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS

James Gaetz, an employee of a dog grooming business, carries a pet to a waiting owner during flooding on Saturday in Medicine Hat, Alta.

The wet, wet West

People in soggy low-lying areas of Medicine Hat, Alta., started pumping out basements and taking stock of flood damage yesterday, but officials warned a downpour overnight could leave them waterlogged all over again.

Police Chief Andy McGrogan said about 40 to 50 millimetres of rain would likely fall by morning, following the same pattern that caused the flooding in the first place and pushing already swollen creeks back up to the same high levels.

"We're anticipating more of the same type of problems," he said, adding the voluntary evacuations of 600 homes would remain until after the deluge.

Les Hamerston sat bonetired on his front steps yesterday afternoon dreading what was yet to come.

He had been pumping water from his basement since being woken up by police at 4 a.m. Saturday but said the moisture was still seeping in.

His basement was "a sopping mess (with) a little bit of mud floating around on top," and he hadn't even been able to get in to see if anything could be salvaged.

He said he and his wife weren't well enough to keep up the fight. "There's nothing we can do. We just have to wait and see what's going on," he said. "There's no way they'll be able to contain it, so it's just going to go where it goes."

Up to 150 millimetres of rain has fallen in several regions on the Prairies, turning fields into lakes and ruining houses.

The Trans-Canada Highway east of Medicine Hat was closed across the Saskatchewan boundary for the weekend after being completely inundated, and looked unlikely to open in the short-term.

THE CANADIAN PRESS

What happens after Afghanistan?

TRANSITION Lt.-Gen. Andrew Leslie, the outgoing commander of the army, marvels at the changes he's seen.

"The army's changed more over the last four to five years than over the previous 30 to 40," said Leslie, one of the country's more recognizable military figures.

Leslie's long been considered a candidate for the top job of chief of defence staff.

He will hand over command of the army to Lt.-Gen. Peter Devlin at a ceremony in Ottawa.

His new job will be to help shepherd the entire Canadian Forces towards its post-Afghanistan future at a time when the Conservative government is wrestling with an expected $49-billion deficit.

Leslie is the new Chief of Transformation. But the question often asked around Ottawa these days is: The Canadian Forces is being transformed, but into to what?

MURRAY BREWSTER/THE CANADIAN PRESS

Lt.-Gen. Andrew Leslie is stepping down as head of the Canadian army in Kandahar. He will take charge of preparing future assignments for the armed forces.

Four years of fighting a counter-insurgency in Afghanistan has given Canada a lean, lethal, little force. It is all dressed up, and post-Afghanistan, has seemingly nowhere to go.

THE CANADIAN PRESS

Short parade, long history for sovereignty

MONTREAL Independence rallies in Quebec are more restrained than in the heady days following the death of the Meech Lake accord.

One in Montreal yesterday was more organized and more conventional than the raucous affairs held in the province 20 years ago. And with far fewer participants.

Just some 400 turned out in for the noisy march — and a few thousand for a series of events across Quebec — to mark the dual anniversaries of the death of Meech and the 1995 referendum on sovereignty.

It's a far cry from 160,000 who poured into the streets for the 1990 fête nationale parade. And in June 1990, a thousand sovereignists — buoyed by the recent death of the Meech — led an impromptu rally through Montreal's east-end and right into the stands at the Olympic Stadium, crashing an Expos baseball game.

Two decades later, professional baseball is gone from the city, along with the fierce nationalistic fervour touched off by the failed constitutional talks.

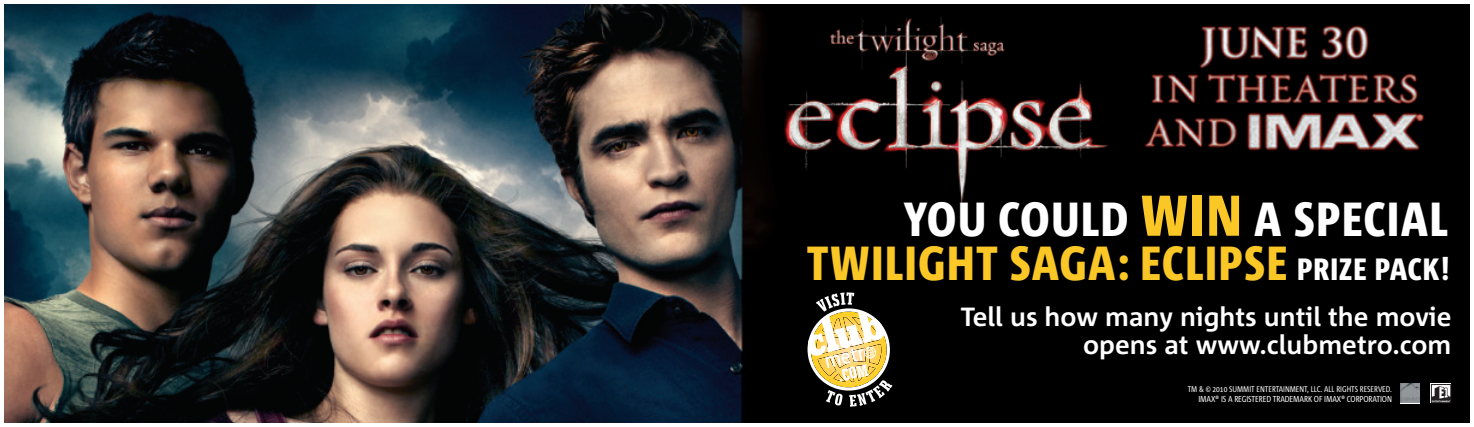
But a new generation of sovereigntists are trying to rekindle the passion.

Bloc Québecois leader Gilles Duceppe claims a deep rift remains between Quebec and the rest of Canada.

THE CANADIAN PRESS

Quebec polls

- Recent surveys suggest the zeal for sovereignty in Quebec has gone astray.
- The latest, published last May, showed most Quebecers have come to terms with the constitutional status quo even if they aren't happy with federalism.



Guelph, Kitchener get top five rankings countrywide from research group
A Christian research group ranks Ontario cities Guelph and Kitchener as two of the top five cities in Canada. The accolades come from the group Institute on Marriage and the Family. The report gave overall A-grades to Guelph, Vancouver, Calgary, Edmonton and Kitchener. THE CANADIAN PRESS

Huntsville taking cottage-country G8 in stride

Town residents, confident with security measures, enjoying fruits, 'buzz' of summit

G8 Summit

As anxiety ripples through big-city Toronto, paralyzing part of the downtown ahead of the G20, small-town Huntsville has taken a typical laid-back cool, calm, cottage-country approach towards the G8.

Unlike the trepidation seizing some Toronto residents, Huntsville folks have taken their summit all in stride.

"It's the best thing that's ever happened to the town," said Steve MacAllister," owner of Langford Canoe.

The G8 summit is from June 25-26 in Huntsville and the G20 summit is from June 26-27 in Toronto.

In a phone interview, MacAllister prattled off a list of benefits the pending summit has brought to the sleepy community, which he said has become a hub of intrigue.

"Businesses are booming and there's just an electric buzz of excitement and anticipation. It's amazing," said MacAllister, his enthusiasm hard to contain.

His business has been selected to offer a gift to the G8 leaders.

According to many people in town, Huntsville's main street is packed. Pubs and restaurants have standing room only. MacAllister said the summit has given everyone a job.

NATHAN DENETTE/THE CANADIAN PRESS

A woman walks past the three-metre high steel fence being assembled around the Deerhurst resort and golf club in Huntsville on the weekend. As anxiety ripples through Toronto, paralyzing part of the downtown ahead of the G20, Huntsville has taken a typical laid-back calm, cottage-country approach towards the G8.

Even those inconvenienced by the security zone, which wraps around Deerhurst Resort where the G8 delegates will temporarily call home, said they're not bothered by the summit.

Judith Brain, 54, has a home on Hidden Valley Road, part of the "red zone," surrounded by either lake or fence.

For Brain, the fence is ugly. It covers a beautiful stretch of Highway 60. She also said army tents are practically pitched in her backyard.

But this hasn't fazed the local resident, who smiles and waves at those security officials hunkered down in the tents. She has even planted flowers and put out her Canadian flag to embrace the world.

Brain said the benefits have outweighed mild nuisances. She said the town has been spruced up with much-needed improvements, cleanup and infrastructure.

As for unruly protesters in Huntsville, residents have tempered their concern.

When asked if he's worried about protesters, Brian Kells, owner of the Cottage Waterfront Grill, said "no."

"Why aren't we concerned?," Kells pondered, as if he's never considered the probability of violence. With an easy chuckle, he answered.

"Protesters will probably stay in Toronto," he said.

Part of the reason for the calm is that residents are confident with the security measures.

But there's also another reason.

"Being in a small town," said MacAllister, "the minute someone rolls into town that looks out of place, everybody knows it," he said. THE CANADIAN PRESS

Bus driver has lost faith since attack

EDMONTON An Edmonton bus driver who was partially blinded in a violent attack by an angry passenger says he's lost his faith in humanity.

In a written victim impact statement read in court last week, Tom Bregg, 58, says he's been under huge emotional and physical stress since he was attacked last December.

He has lost sight in his left eye, has been unable to work and likely won't return to work as a bus driver. THE CANADIAN PRESS

News in brief

ABDUCTION RCMP in Bowden, Alta., are searching for a suspect after a seven-year-old girl told them she and her dog were abducted. Police say the girl was riding her bike Thursday when she was grabbed by a man in a gold or orange pickup truck and deposited two hours later in a rural area. RCMP say the girl walked to a nearby residence for help. THE CANADIAN PRESS

Mind-bender Hawking in Waterloo

DAVE CHIDLEY/THE CANADIAN PRESS

British theoretical physicist Prof. Stephen Hawking lectures on his research, life and times at the Perimeter Institute in Waterloo yesterday. Hawking is on a six-week visit, collaborating on research into mind-bending topics like the origin of the universe.

House explosion kills two in Edmonton

ALBERTA A massive explosion rocked a north Edmonton neighbourhood yesterday afternoon, killing two people and destroying a number of homes, according to fire officials and witnesses.

It was an otherwise quiet Sunday afternoon in the north side community around 179 Avenue and 91 Street when at about 1 p.m. Barry Guyon felt his house shake.

"We thought it was a plane crash because of all the cop cars," he said. "It shook our house. It's pretty tragic."

Guyon and his wife jumped in their car to see what was happening and were floored when they saw the destruction.

"The back of the house was completely gone," he said. "And about 14 others were badly damaged."

When Josh Legault saw all the emergency vehicles racing down 91 Street towards the explosion, he grabbed his camera and went to see what was happening. Legault, 21, said he arrived on scene about 20 minutes after the explosion. When he got there police were already evacuating the area.

"There was damage to the houses beside and across the street," he said. "The windows were blown out from the explosion and there was wood in people's roofs. It looked pretty intense."

Fire officials said at least two people are dead and several suffered minor injuries in the blast.

ANDREAS MORSE AND GRAHAM MCCANN/FOR METRO CANADA WITH FILES FROM THE CANADIAN PRESS

Investigation

- Fire crews are investigating whether the explosion may have been caused by a gas leak.

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Anti-apartheid cleric dies

The Rev. Nico Smith, a white pastor who challenged South Africa's apartheid system by moving with his wife into a black township in the 1980s, has died of a heart attack, one of his daughters said yesterday. He was 81. THE ASSOCIATED PRESS

World

Colombians elect new leader

A former defence minister from a powerful political clan who oversaw a major weakening of leftist rebels won Colombia's presidency yesterday, routing an eccentric outsider in a runoff. The victory for Juan Manuel Santos, a 58-year-old economist and three-time government minister, was a ringing endorsement of outgoing conservative President Alvaro Uribe, whose U.S.-backed security policies he helped craft and promised to continue. THE ASSOCIATED PRESS

Canadian helps crack alleged Ponzi scheme

Vedant Rajput is widely credited with helping to untangle India's largest-known Ponzi scheme.

Over the past decade, 53-year-old Sayed Mohamed Masood tricked more than 200,000 victims out of $250 million US, police allege.

In India, the wheels of justice are not known for rhythmic efficiency. Police routinely refuse to register criminal complaints and even when a case is opened, it's anyone's guess how long it could take to wind its way through the courts.

Predictably, when City Limouzine's cheques began bouncing last August, many were resigned that their savings were gone.

Mississauga's Rajput, on the other hand, became a one-man army.

He organized rallies in Mumbai that attracted as many as 15,000 investors — becoming a celebrity thanks to local TV and newspaper coverage — and created and distributed complaint forms for investors to submit to police. He unwound City Limouzines' corporate structure, explaining its cash flow to police.

RICK WESTHEAD/TORSTAR

Canadian Vedant Rajput has helped police in Mumbai untangle one of India's largest alleged Ponzi schemes. An estimated 250,000 people invested in a purported car rental company that is alleged to have stolen $250 million US from victims.

Rajput has tracked down real estate that could be used to help repay claims to investors, and has hunted down three of the company's senior directors, including Masood himself.

"Vedant is a saviour," said Ravi Puri, a 72-year-old retiree in New Delhi who invested in City Limouzines. "He's been doing the work of the police and various government agencies, and he's been doing it all on his own."

One challenge for police has been tracking down investors' money and so far, they have located 34 properties owned by Masood or his immediate family. Of those, 10 were found thanks to Rajput's sleuthing.

TORSTAR NEWS SERVICES

A simple scam

- Masood's company, City Limouzines, purported to buy cars and run them as taxis. Investors who turned over $3,200 were given 60 postdated cheques of $175 a month, which totalled about $10,400 over five years. Police believe Masood actually bought fewer than 100 cars.

News in brief

GULF OF MEXICO Newly released internal documents show BP PLC estimated 15.9 million litres of oil a day could gush from a damaged well in the Gulf of Mexico if all equipment restricting the flow was removed and the company's models were wrong.

STORM A tornado that touched down in Billings, Mont., caused heavy damage to parts of an expo centre yesterday evening, a Montana highway patrol dispatcher said. The Expo Center at Metra Park suffered damage when the tornado hit in a neighbourhood called The Heights, he said.

THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

Chinese firemen evacuate a man trapped in the floods in Xiushui, in central China's Jiangxi province yesterday.

Scores killed in China floods

DISASTER Major rivers burst their banks in southern China, triggering massive floods that have killed 132 people and forced 860,000 to flee their homes, the government said yesterday. With dozens missing and more storms forecast, the death toll was expected to rise.

More than 10 million people have been affected since torrential rains began June 13, including those who have been injured, stranded or have suffered property losses, the Ministry of Water Resources said in a news release. More thunderstorms were forecast from yesterday afternoon into today.

THE ASSOCIATED PRESS

Egypt police clash with protesters

MARCH Egyptian security forces beat and arrested dozens of protesters on yesterday when they attempted to march through downtown Cairo in the latest demonstration against police brutality following the death of young man, witnesses and police said.

For the past 10 days, protesters have taken to the streets in demonstrations over the death of Khaled Said, a 28-year old Alexandria businessman who was found dead after an encounter with plainclothes security men. According to witnesses, at its peak yesterday's protest involved a couple of hundred people.

A security official confirmed at least 40 people were detained during the march in downtown Cairo.

THE ASSOCIATED PRESS

ScanLife

An embattled White House seizes a "political gift" courtesy of BP and Republicans.

Scan code for more.

Learn how to scan on the Local page.

Jamaica ups ante for drug kingpin capture
Jamaica has tripled the cash reward it is offering for information leading to the arrest of Christopher Coke, a reputed drug lord at the centre of a bloody manhunt. THE ASSOCIATED PRESS

Ethnic Uzbeks fear return home

Thousands mass on border saying they don't trust Kyrgyz troops to protect them

Thousands of ethnic Uzbeks massed on the border between Kyrgyzstan and Uzbekistan refused to return home yesterday, saying they feared for their lives after violent pogroms and didn't trust Kyrgyz troops to protect them.

Associated Press reporters saw some 50 Kyrgyz troops, many in armoured transport carriers, enter the border village of Suratash and try to reassure refugees it was safe to return home.

Yet the soldiers' presence terrified the families — ethnic Uzbeks who fled after attacks and arson by ethnic Kyrgyz — since they blame Kyrgyz troops for abetting the violence that left hundreds of Uzbeks dead and hundreds of thousands homeless.

SERGEI GRITS/THE ASSOCIATED PRESS

Ethnic Uzbek refugee Rakhmatulla Marasulov, three, runs yesterday in the village of Surattash, 15 kilometres of the Kyrgyz city of Osh, near the border between Uzbekistan and Kyrgyzstan.

"Of course we were afraid. Afraid because they were the ones — the soldiers who fired shots," said Maplyuba Akhmedova, an Uzbek who fled her home.

In Sakaldy, another village in Kyrgyzstan, ethnic Uzbek men spent the night in a meadow near a barbed-wire fence that marks the border with Uzbekistan.

Entire Uzbek neighbourhoods in southern Kyrgyzstan were reduced to scorched ruins by rampaging mobs of ethnic Kyrgyz, who forced nearly half of the region's roughly 800,000 Uzbeks to flee. Interim President Roza Otunbayeva says as many as 2,000 people may have died in the clashes.

Kyrgyzstan border officials said 5,000 refugees had returned home from Uzbekistan by yesterday.

THE ASSOCIATED PRESS

Nebraska town to vote on illegal immigrant hiring, renting ban

U.S. Angered by a recent influx of Hispanic workers attracted by jobs at local meatpacking plants, voters in eastern Nebraska will decide today whether to ban hiring or renting property to illegal immigrants.

The vote will be the culmination of a two-year fight that saw proponents collect enough signatures to put the question to a public vote.

If the ordinance is approved, the community could face a long and costly court battle.

If approved, the measure will also require potential renters to apply for a license to rent. The application process will force Fremont officials to check if the renters are in the country legally.

THE ASSOCIATED PRESS

Israel eases blockade on Gaza-bound goods

MIDEAST Israel pledged yesterday it will immediately allow all goods into Gaza except weapons and other items deemed to have a military use under its decision to ease its three-year-old blockade of the Palestinian territory.

The list of banned goods replaces an old list of allowed items that permitted only basic humanitarian supplies for the 1.5 million Gazans. Under the new system, the government said practically all non-military items can enter Gaza freely.

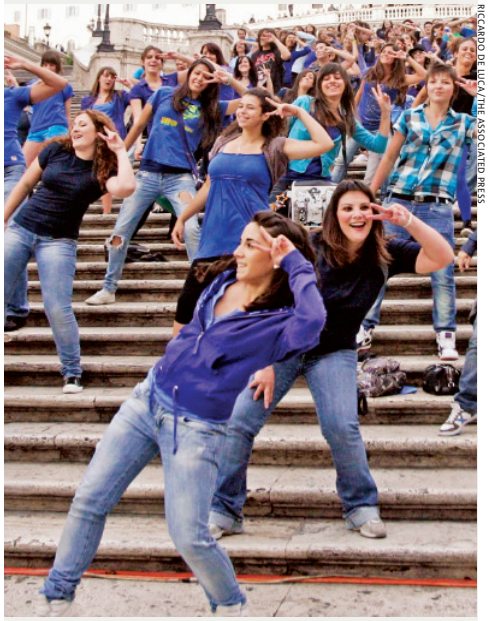
"From now on, there is a green light of approval for all goods to enter Gaza except for military items and materials that can strengthen Hamas' military machine," Israeli government spokesman Mark Regev said.

THE ASSOCIATED PRESS

Wider entry

- The Israeli government said the purpose of the new regulations was to protect Israeli citizens from "terrorism, rocket attacks and any other hostile activity," while at the same time widening the entry of civilian products.

Rome **Steps to it!**


RICCARDO DE LUCA/THE ASSOCIATED PRESS

People dance yesterday during a flash mob called "Anomalous Wave" on the Spanish Steps in Rome.

News in brief

SCANDAL The Vatican pledged yesterday that a Naples' cardinal would co-operate with an investigation by Italian prosecutors into a sprawling scandal for alleged corruption while he led the Holy See office bankrolling missionary work abroad. Cardinal Crescenzio Sepe's actions are being scrutinized by prosecutors.

THE ASSOCIATED PRESS

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Deadly Brazilian flooding ravages homes, power

Officials say flooding in northeastern Brazil has killed at least 20 people while driving 50,000 people from their homes. Also, flooding has cut communications with several cities where power has been knocked out and telephone service is down. THE ASSOCIATED PRESS

Iraqi attacks kill dozens

Suicide bombers in a crowded Baghdad commercial district and Saddam Hussein's hometown of Tikrit killed at least 33 people yesterday as insurgents tried to turn a months-long deadlock over forming a new Iraqi government to their advantage.

The attacks added weight to warnings that insurgents would try to foment unrest as politicians squabble over forming a new government more than three months after inconclusive national elections.

The latest violence began when bombers drove two cars packed with nearly 82 kilograms of ammonium nitrate toward the gates of the Trade Bank of Iraq building in Baghdad and detonated the explosives after striking the surrounding blast walls, said Iraqi military spokesperson Maj. Gen. Qassim al-Moussawi.

Al-Moussawi said at least 18 people were killed and 42 wounded. But three Iraqi police officials and a doctor at the Yarmouk hospital where many victims were taken put the toll at 28 killed and 57 wounded. Conflicting casualty tolls are common in the chaotic aftermath of bombings in Iraq.

Hours later, a man wearing an explosives vest blew himself up as police and onlookers responded to a roadside bomb apparently set as a trap in the northern city of Tikrit.

At least five people were killed and 12 wounded in the late night attack, according to police and hospital officials.

THE ASSOCIATED PRESS

Grisly week

- The bombs capped a week in which about 100 people were killed in bombings and shootings nationwide.
- Last Sunday, 26 died in a commando-style assault against the central bank in Baghdad.

World Refugee Day **Bittersweet**

DITA ALANGKARA/THE ASSOCIATED PRESS

Afghan boys eat mangoes at an Afghan colony on the outskirts of Islamabad, Pakistan, yesterday. June 20 marks World Refugee Day, a day to remember the plight of refugees around the world and to call global attention toward their situation. Pakistan currently hosts nearly 1.7 million Afghan refugees, the largest refugee population in the world.

Chinese miners trapped after pre-dawn blast

BEIJING The government says at least 58 miners are trapped after an explosion ripped through a mine in the central Chinese province of Henan.

The State Administration of Work Safety said the pre-dawn blast hit a mine in Pingdingshan city in the province. It said the mine's capacity had been recently increased, and that two rescue teams were working in the shaft where the explosion happened. It did not give further details.

THE ASSOCIATED PRESS

All eyes on Celia

MEXICO CITY Hurricane Celia howled toward the open ocean, away from Mexico's Pacific coast yesterday.

The first hurricane of the 2010 season had maximum sustained winds of about 75 mph (120 kph) and was expected to gradually strengthen. A Category 1 hurricane, Celia was centred about 590 kilometres south of Acapulco yesterday afternoon, the U.S. National Hurricane Center in Miami said.

The storm was moving westward at about 11 km/h. That course would take Celia into the open Pacific, and forecasters said there was no immediate threat to land.

Dario Rodriguez, a forecaster at Mexico's National Meteorological Service, said Mexico would not be affected by wind or rain from Celia because it was too far out to sea.

Rodriguez said the hurricane could cause increased waves along the southern Pacific coast in the states of Oaxaca, Guerrero and possibly Michoacan.

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U.S. man gives embassy in Rwanda poor review
A U.S. lawyer released from a Rwanda prison said the U.S. Embassy did not help him secure food or medicine while in prison. THE ASSOCIATED PRESS

Suspect's mother says her son is sick

Joran van der Sloot, the chief suspect in the murder of one woman and the disappearance of another, suffers mental problems, his mother was quoted yesterday as saying.

Van der Sloot, a 22-year-old Dutchman, is suspected in the disappearance of American teenager Natalee Holloway in Aruba in 2005. He sits now in a prison compound on the dusty outskirts of Peru's capital, Lima, held on suspicion of killing 21-year-old Stephany Flores on May 30 — five years to the day after Holloway vanished while on vacation.

"My son is sick in his head," the Dutch newspaper De Telegraaf quoted Anita van der Sloot as saying in an interview published on its website yesterday. The comments were her first since her son's most recent arrest.

Police in Peru say Van der Sloot has confessed to killing Flores. He is scheduled to be interviewed by a judge in Lima next week.

DOMINGO AL DIA/THE ASSOCIATED PRESS
Joran van der Sloot holds his inmate number before being sent to the Miguel Castro Castro prison in Lima on June 11.

He has confessed to involvement in Holloway's disappearance, then retracted his confession, several times. Holloway was last seen in his company.

Van der Sloot has told his jailers in Peru he is ready to clarify the Holloway case — but only with Aruban authorities.

For now, he spends his days in a nearly empty block of a high-security prison, where he shares a TV set and homemade barbells with a reputed Colombian hit man.

The Van der Sloot family lives in Aruba, where the interview with Anita van der Sloot was conducted. She told the newspaper her son disappeared in mid-May, two days before he was scheduled to travel to the Netherlands for treatment in a mental institution. He left a note saying he was going to Peru, she said. THE ASSOCIATED PRESS

Mental decline

- Anita van der Sloot said her son Joran's mental health has deteriorated steadily since American teenager Natalee Holloway's 2005 disappearance, for which Joran is a suspect. She attributed his decline in part to media scrutiny.

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Comment

Summer of discontent

It could be another cranky summer on the buses as mayoral candidates both declared and prospective squabble over the cost of light rail — and the grumbling you hear on your morning bus may be your own.

According to a report prepared for the mayor's office by consultant Bob Plamondon, Ottawa has one of the most expensive transit systems in Ontario, at $252 annually per capita (Toronto spends $160), but it seems the public is far from unanimous on the question of value for money.

This month, the Transit Services Annual Performance Report recorded a significant one-year drop in customer satisfaction. In the fall of 2008, 82 per cent of riders rated the service "good" or "very good." By last fall, it had fallen to 68 per cent. Just less than half of those surveyed for the latest report agree Transpo cares about its customers.

Transpo, for its part, theorizes the bus strike of 2008-09 and multiple fare hikes may have something to do with the malaise. (Gee, ya think?)

Even though on-time performance has improved steadily and ridership has recovered from its post-strike doldrums, riders seem ever grumpier, to the point where a Transit Riders Union is in its early stages of organization, lobbying for a fare freeze and an end to no-show buses. Fed-up riders can email octransitriderunion@gmail.com.

"Even though on-time performance has improved steadily and ridership has recovered from its post-strike doldrums, riders seem ever grumpier ..."

Oddly, the rates of satisfaction decreased not only among transit riders but also non-riders. Again, the strike and the gruesome winter gridlock it generated for motorists no doubt had some effect on these numbers.

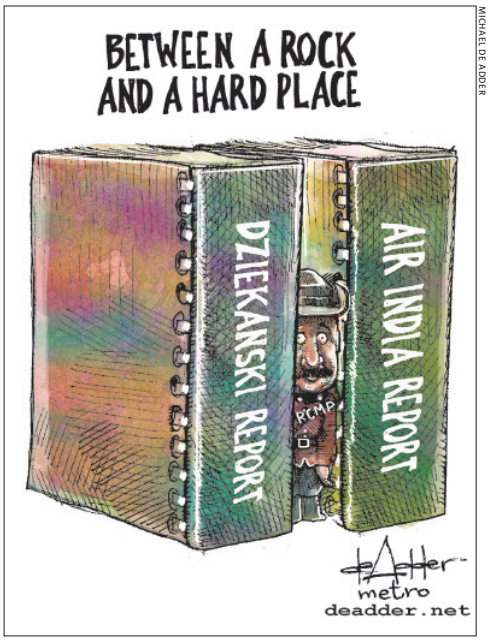
Bus-car relations are unlikely to improve this summer as the city proceeds with removing bus bays, the paved spots set up for buses to pull off roadways to pick up passengers. Now, instead of pulling over and then fighting to rejoin traffic, they will simply stop in the right-hand lane to pick up and drop off, leaving drivers fuming behind them. The complaints have already begun.

Meanwhile, bus stop improvements in the downtown core will result in even worse rush hour congestion than usual as already-clogged Slater and Albert streets suffer lane reductions and lost parking until September. I can hear the horns and curses now.

By fall, most of the traffic disruptions should be over with, and the buses themselves should be easier than ever to use, as the new NSAS system, which will not only automatically call out stops but visually display the time and bus's location and direction of travel, comes online.

Any residual frustrations over transit are perhaps best taken up with the mayor and council in the Oct. 25 civic elections.

Steve Collins lives, writes and walks in Ottawa; ottawaletters@metronews.ca



MICHAEL DE ADDER

Noteworthy

Groundwork laid for UN ozone treaty talks

Governments have moved closer to curbing the use of chemicals commonly used as coolants in refrigerators, air conditioners, hair spray and other household items in what some say would be among their biggest climate decisions ever.

The obscure round of UN ozone treaty talks in Geneva, which few people are following, laid the groundwork late last week for a possible decision in Uganda in November to halt the promotion of hydrofluorocarbons, or HFCs, which are manmade chemicals not found naturally in the environment, and are considered greenhouse gases.

The U.S., Canada and Mexico gave the talks a boost by joining the small island nations of Micronesia and Mauritius in petitioning to amend the ozone treaty known as the 1987 Montreal Protocol to drastically cut production and use of HFCs.

By 2050, scientists predict HFCs could account for 20 per cent of the world's greenhouse gases.

CFCs destroy ozone, the atmospheric layer that helps protect against the sun's most harmful rays.

THE ASSOCIATED PRESS

Worth mentioning

World Cup kindles quirky allegiances

In India, World Cup fever has fuelled a rivalry between rickshaw drivers.

Revenge-minded Serbians are backing the Americans — in hopes of a chance to beat them in Round 2. In Haiti, pro-Brazil passion helps chase away the post-earthquake blues.

No other sporting event stirs up such a surge of emotion all around the globe as the World Cup. It's not a simple matter of supporting one's home-country team — all sorts of subplots arise, and some of the most zealous fans can be found in countries with no team of their own in the field.

India, for example, has never played a World Cup match. Yet international soccer has a huge following in the planet's second-most populous country, and by some measures — including prominence on cable TV — the tournament overshadowed this weekend's Asia Cup cricket match with rival Pakistan.

"No other sporting event stirs up such a surge of emotion all around the globe as the World Cup."

In India's southern state of Kerala, fans have been staying up late to watch World Cup telecasts, and two motorized rickshaw drivers have painted their vehicles in the colours of their favourite teams, Brazil and Argentina, to attract like-minded customers.

"I think Brazil has more supporters than Argentina, at least in Kerala," said a gleeful Mohammed Ali, whose rickshaw is now yellow with green highlights. He's threatened to set his vehicle on fire if the Brazilians fail to win their sixth title.

Brazil and Argentina also are the teams of choice in neighbouring, impoverished Bangladesh, with flags of the two South American nations flying from rooftops and treetops. When a power outage interrupted a telecast of the Argentina-Nigeria match in the capital city of Dhaka, angry fans by the hundreds smashed vehicles.

One of Dhaka's top universities closed indefinitely yesterday after students clashed over whether to cancel classes to watch the World Cup. Fervent soccer fans demanded an early summer vacation so they could watch more matches. At least five injuries were reported when they clashed with other students who wanted classes to continue.

In Haiti, Argentina is an afterthought. Brazilians who visit the earthquake-wracked country say Haitians may be more passionate about the Selecao than the South Americans themselves.

Brazilian flags fly from cars overheating in Port-au-Prince's oppressive traffic; people who can barely afford shoes somehow break out new yellow jerseys of their favourite players.

THE ASSOCIATED PRESS

Quote of the Day

"Accountability must be more than counting. That's why this week the G8 must set clear plans for how those countries that are off track will get back on track with commitments."

— MARK ENTWISTLE, A SENIOR ADVISER FOR CANADA AND THE SUMMITS FROM THE WASHINGTON, D.C.-BASED ADVOCACY GROUP ONE, AFTER A REPORT RELEASED YESTERDAY SAYS THE OECD AND GROUP OF EIGHT COUNTRIES ARE $10 BILLION BEHIND THE FIVE-YEAR, $50-BILLION INCREASE THEY PROMISED AT THEIR 2005 SUMMIT IN SCOTLAND. THE CANADIAN PRESS

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Recipe pg10

Sweet summer drinks

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Swimsuits pg8

What to wear by the water

Be sun savvy

Smart summer beauties sport sun protection

Whether you're heading to the cottage, planning a bike trip or staying home and exploring your city, you'll likely be spending more time in the sun come summer.

This means planning ahead and arming yourself with proper protection from the sun's harmful ultraviolet rays. Here are a few tips:

Pack or stock up on sunscreen. An average adult needs about 2 tablespoons to cover the body. Since a 300 ml bottle has about 8-10 applications, every adult will need one bottle for a 10-day trip, says dermatologist Dr. Gordon Searles, of Edmonton.

Don't forget sunglasses and hats — preferably ones that cover the back of the neck. Check out other sun protective gear, too. "These hats, bathing suits and other summer clothes are quite fashionable and widely available," says Dr. Searles. If that's not feasible, pack tightly woven clothes.

Remember to pack moisturizer to keep your skin hydrated while out in the sun — even better if it has an SPF rating.

Even if you're snorkeling, you'll need water-proof protection. "The sun's rays can penetrate up to 6 feet of water," warns Dr. Searles.

Put sunscreen on 20-30 minutes before heading to the beach, boat, pool or trail. Apply it to your arms, legs, chest and face. Remember your feet, ears, hands and lips. "People often forget about their scalp," says Dr. Searles. "If you get wet, your hair separates and your part gets wider and that's an area that doesn't typically see a lot of sun, so you can get quite an unpleasant sunburn." Reapply the sunscreen every 1-2 hours.

PAULINE ANDERSON

Summer in Canada is sweet but oh-so-short, and we want to savour every sun filled moment – beautifully!

To help you do just that, we've partnered with Proctor and Gamble to bring you this special summer beauty guide, filled with tips, tricks and expert advice to help to make this your most beautiful summer ever!

Heat relief

Stash these summer must-haves in your tote to freshen up fast:

- A purse-sized atomizer of thermal spring water—for a quick blast of cool that won't disturb your makeup.
- Blotting papers to reduce shine by absorbing excess oil.
- Baby wipes for stealth de-griming if your sandal-clad toes have attracted some city dirt.

LIZA HERZ

Inner beauty pg 6

Start your day the right way

Live real and face the world beautifully every day

RELAX Living authentically — that is, not worrying about what others think of you — could make a difference to your beauty and glow, says Dr. Sarah Freke, a family physician who practises as a psychoanalyst in Toronto. "Worrying can make you tense, and that will affect your posture and your facial muscles." Relax, get some gentle exercise and be good to yourself, and it will show.

Slow starts to the day get Dr. Freke's approval. "It's tremendously useful to have quiet time first thing in the morning," she says. Gentle activities such as yoga, a quiet walk and slow stretching are good, but so is lying in bed and thinking through how your day will shape up. That lying and thinking, says Dr. Freke, is healthy "brain-working time." Giving yourself time to think can take the stressful edge off of a busy life — and relax a harried expression.

GILDA SWARTZ

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DREW BARRYMORE

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Drew Barrymore is wearing Smoky ShadowBlast in Purple Plume. easy breezy beautiful COVERGIRL

Keep skin protected
Moisturizers have minimum SPF 15 that it's easy to apply every morning after the shower. If you want your skin to age well, it's the least expensive solution around. **NINA MACDONALD, RN DERMATOLOGY & NURSE MANAGER – VANCOUVER'S SKIN CARE CENTRE**

Melt-proof makeup

Here's how to get your glow on!

How do they do it? Those women who look fresh and radiant while the rest of us resemble Popsicles melting in the summer heat? Read on to get the 'glow-how' on summer beauty with minimum products for maximum effect.

Expert beauty tips!

Daytime cool

Despite what you've seen on Jersey Shore, summer does not start at the tanning salon. Instead, use gradual self-tanner and build natural looking colour (not Snooki orange) over a period of days. And remember, faux tans offer no sun protection, so always apply sunscreen before heading outdoors.

Carmindy, the L.A.-based celebrity make-up artist featured on the TV series 'What Not to Wear' and author of the new beauty-tip bible, Crazy Busy Beautiful (Harper Studio, $15), modifies her 'basic day face' with a few simple humidity-busting tricks. For the oily-skinned, she recommends mattifying gel underneath a light layer of foundation dusted with powder. Powder instead of cream blush stays put in the heat and she likes to "keep eyes simple with waterproof eyeliner in indigo or jade green on the upper lash line" finishing with a coat of waterproof mascara.

Finally, swap your lipstick for a bold yet sheer orange or pink gloss that flatters bronzed and pale complexions alike.

Of course, if you feel naked without lipstick, try this spare, dramatic look favoured by Toronto-based makeup artist Grace Lee: a strong orange-red or fuchsia matte lip paired with nothing but mascara'd (waterproof, or course) eyes. "Just fill your entire lip with matching pencil, then apply lipstick, blot and it will last all day," says Lee.

Nighttime glow

A couple of key additions can turn a day look into night. "Waterproof dark liner in the inner rim of your eye takes literally seconds but makes a huge impact in creating definition and drama," says Lee.

Shimmer bronzer adds instant smudge-proof sparkle. Even the pale can get their shimmer on with rose-gold tones over the more traditional caramel to toffee shades. "Apply along the sides of your face and right underneath the cheekbones," says Carmindy.

Next, apply a lighter shade of shimmer powder to shoulders and décolletage, finish up with a slick of golden shimmer gloss (layered over lipstick or alone) and hit the patio, humidity be damned.

LIZA HERZ

ELMWOOD SPA

When summer heat gets to you, head to the spa for a skin-freshening facial.

Skincare Rx

5 steps to spectacular summer skin

Summer beauty is easy to achieve – all it takes is a few simple steps.

1 Cleanse
Increased exposure to sun, water and air conditioning all work toward dehydrating your skin, says aesthetician Giovanna Manchisi, senior manager of spa services at Toronto's Elmwood Spa. She suggests choosing a hydrating cleanser that removes all the skin impurities and leaves no residue.

2 Exfoliate
Manchisi suggests exfoliating twice a week after using cleanser because sun, sand and sunscreen contribute to dead skin cell build-up.

The caveat, says Dr Frances Jang, dermatologist and owner of Vancouver's Skinworks, is to make sure the exfoliant is matched to your skin. Light fair skin, for example, might be too delicate for a granular scrub, but oily skin with clogged pores is fine for it.

Mechanical exfoliants — grains and loofahs — should be used with care with certain skins, since abrasions can leave the skin open to hyper-pigmentation (dark spots) from sun.

3 Tone
Toners are often an overlooked part of the system. But, says Manchisi, they are actually a key component in calming skin and closing pores. The ones that contain witch hazel are good for the skin. Steer clear of any that contain alcohol, she says, because it can strip the skin of its natural oil.

4 Moisturize
Always finish with a moisturizer that is lighter than your rich winter cream. Without moisturizer, the skin produces sebum, which creates a greasy layer that can clog pores. And when summer heat dehydrates the skin, you lose the natural glow too.

5 Antioxidants
Exfoliant products that contain antioxidants, such as vitamins A, C, E, or AHA (alphahydroxy), lactic acid and retin-A, may help protect against sun damage and aging. As Dr. Jang explains, "UV damage creates free radicals on skin and they in turn create the sun damage. You can neutralize these free radicals with antioxidants such as vitamins E and C."

Vitamin A in the form of retin-A may help build up new collagen. Speak to a skin expert for more information — this product may irritate sensitive skin.

ALEX NEWMAN

Water works

HYDRATE When Patricia Chuey's son was five years old, he caught a frog — and then forgot about it. The poor thing shriveled up and died, but it provided an opportunity for the B.C.-based consulting dietician to have a chat with her boy about the need for hydration. The frog was an apt illustration of why our skin, like every part of our body, requires water.

You may prefer to think of grapes and raisins, but the fact remains, we all need water, especially in the coming hot months. How much?

The general rule, Chuey says, is one millilitre of water per calorie consumed… if you eat a typical 2,000 calories per day, that would add up to about two litres or eight glasses of water a day.

It doesn't have to be water — milk, fruit juice, even tea and coffee will do (as long as they aren't super strong). Watery fruits, veggies and soup also contribute.

During exercise, she recommends drinking about a quarter cup of water every 15 to 20 minutes.

By the time you feel thirsty it's too late, says Chuey. You are already in the early stages of dehydration.

KIM ZARZOUR

Swimmers hair

For swimmers' hair, go with a gentle shampoo and deep conditioner, skip the hair dryer, at least some of the time, and let your tresses dry naturally. **GIOVANNA MANCHISI – ELMWOOD SPA**

Fuss-free summer hair trends

Simple strategies that really work

Want a warm weather coif that looks great? Here are tips for simple styles, frizz-fighters and UV screens.

"The number one trend for summer is natural hair, letting hair dry naturally in sculpted styles," says Alain Larivée, stylist and co-owner of CAJH Maitres Coiffeurs in Montreal.

Start with a shampoo and conditioner for your hair type, says Larivée. Apply a curl-enhancing cream or anti-frizz serum immediately after the shower (skip the towel-turban step — it causes frizz). "Work the product through from the top to the ends, and work hair into shape while it's wet," he advises.

To keep hair back from the face, Larivée suggests braids and loose chignons as hot hot-weather styles. Try working the casual side braid, which hit big after Alexander Wang's Spring/Summer 2010 show; twist it into a little side bun if you want to get it off your neck. Get easy how-to tips and videos via Google.

If you're not in a braidy mood, a simple clean pony-tail is a classic keep-cool do, especially for naturally straight hair. Greg May, owner of Greg May Hair Architects in Toronto, likes the sophistication of a low ponytail fastened at the nape of the neck. Go for a high ponytail for a younger look; follow the line of your jaw for optimal placement.

For added frizz control, consider a glaze treatment, which will crank up shine and help keep the cuticle smoother through several shampoos. May uses a soy-protein based demi-permanent shine formula in his salon, which replaces lost amino acids and comes in tinted versions to boost colour intensity. Clear demi-permanent DIY glazes are also available at the drugstore.

When it comes to sun exposure, many salon and drugstore products offer built-in UV protection, (which also helps prevent colour fading) and they say so on their labels. May also highlights Argan oil, which is available in drugstores and salons, as a protective agent. "Ferulic acid is part of its composition — it has high antioxidant properties to fight UV rays," he explains.

Mario Verrilli of Onaré Salon in Mississauga says to risk sun exposure only in small doses. "If you have colour-treated hair, a hat is the best protection."

If you're a pool – or beach – bunny, minimize damage by wetting your hair before jumping in. "Hair can absorb only so much water," he says. "Lightly coating hair with a cream conditioner — preferably a biodegradeable one —before entering the water will also help."

JANINE FALCON

> **"The number one trend for summer is natural hair, letting hair dry naturally in sculpted styles"**
> Alain Larivée, CAJH Maitres Coiffeurs

Humidex high? Here's how to fight back

TIPS "Humidity causes increased sweat and oil, causing follicles and pores to clog," says Laura Kingston, an esthetics instructor at Concepts School of Cosmetology in Halifax. Common areas affected are the face, neck, back, chest and feet. Shower every day, but "avoid harsh, drying products like soap and astringent," says Kingston. Here are her recommendations for treating the following humidity-induced skin issues at home (for persistent problems, consult a doctor, dermatologist or pharmacist).

Acne

This can flare up on humid days. To prevent breakouts, use a facial cleanser that doesn't make skin feel dry, tight or sore; exfoliate with a product containing alpha hydroxyl acid (AHA) or one that's acid-based; use a gentle toner such as witch hazel; and apply a light moisturizer. Put on sunscreen last, but before makeup.

Fungal infections

Apply an antifungal foot cream to athlete's foot and put tea tree oil on affected toenails, which will be thick and yellow.

Bacterial infections

These can present as colourless patches of skin on the chest, shoulders and back. Use a dandruff shampoo as a body wash, says Kingston, or dab it straight onto dry skin.

Heat rashes

They can appear anywhere, from around the nose and mouth to the groin and underarms. To relieve redness and itchiness, apply pure aloe vera gel, witch hazel or a paste of oatmeal and water.

Help your hairdo

According to Debbie LeFort, a master hair-styling instructor at Concepts, humidity makes straight hair limp and curly hair frizzy. "Regardless of hair type, if you want to hold your style, don't touch your hair after you've sprayed it," says LeFort.

Straight hair

Use a volumizing shampoo and conditioner, work in mousse from the end of the hair shaft to the root. Dry, style and finish with a spray that says "anti-humidity" or "anti-humectant" on the bottle.

Curly hair

Use a moisture-balanced shampoo, then follow the same steps for straight hair. (On really humid days, you might have to give in and embrace the volume.)

JANE DOUCET

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A perfume primer

Apply fragrance to pulse points — your neck just above your collarbone and just below your earlobes, between your breasts, inside your elbows and wrists or behind your knees — where blood vessels close to the skin will warm it and release the fragrance. **TAMMY SMITHAM**

Good morning sunshine

Five sure-fire ways to start the day with a beauty boost.

1 Keep your blinds and your windows partly open at night

Waking up with natural light is a naturally cheery way to wake up. Natural light may also tell your biological clock that it's time to rise, by increasing your adrenaline levels. Over time, you may be able to rely on your biological clock instead of the shrill ringing of your alarm — and guess which wake-up call is more calming?

2 Start your day calm

Marilyn Freeman, a retired teacher in Kingston, Ont., admits to being a type-A person. "I want to jump out of bed and start running around accomplishing things," says Freeman, an avid cyclist, hiker, paddler and volunteer. Instead she gets up and does yoga in a quiet room in her house. Sometimes she listens to a tape, other times she opens her windows and listens to birdsongs. As well as providing stretch and strength benefits, yoga calms Freeman. "In a world that sometimes appears to be spiralling out of control, yoga gives me a sense of personal control."

3 Cuddle with your kids

Waking up to a grouchy kid can start the whole family off on a downer day. Instead of a screechy wake-up call, try waking your kids gently and affectionately. If your children are young, wake them with hugs and kisses. If they're older, try an affectionate head massage and firm but gentle wake-up words. Kid-time is precious, and morning hugs can ensure a heart-warming hello to everyone's day.

4 Get up on the right side of the bed

This isn't a spatial directive, but a psychological one — at least for Cheryl Embrett, a Toronto writer and mother. "Before I get out of bed I think about five things I'm going to be grateful for that day." Her thoughts can be as simple as being thankful for having good coffee to brew. Embrett says, "My negativity was sucking energy. Now I've noticed a difference and my husband finds me much more positive."

5 Walk in fresh air

Slip into comfy clothes first thing in the morning and head outdoors for a 20 to 30 minute walk. A walk can lower your stress level and blood pressure (and it also helps you manage your weight and reduce your risk of type 2 diabetes).

Walking in the fresh morning air — even in the rain — can boost your mood and your outlook.

GILDA SWARTZ

Tips for summer nails

Manicures and pedicures are an important part of your beauty regime, especially during the summer. Here's how to keep your hands and feet looking their warm-weather best!

Polish up

A common do-it-yourself manicure instruction is to apply polish in just three strokes, one down the middle of the nail and one on each side. But if you watch a pro, the moves are a little different. Rita Remark of Toronto's Tips Nail Bar and Spa offers this advice:

- As you withdraw the brush from the bottle, drag one side against the lip to keep polish to one side of the bristles. "Don't be afraid to have plenty of product, as it glides easier and prevents streaking."
- Set the brush — polish down-on the nail one-quarter of the way down from the cuticle. Slowly push it up, and before the polish actually touches the cuticle, sweep down to the tip. Without re-dipping, distribute polish evenly with another stroke or two. "Especially when applying light shades, fewer strokes are better. The more you brush, the more you streak."

Chip tips

Whether you've done your own polish or had a professional job, "after a couple of days, freshen up the top coat, making sure to glide right to the ends," says Remark. "This will restore shine and give polish a fighting chance against chipping."

If you do get a little chip, file the nail length down lightly to minimize or eliminate the chipped bit, then apply another layer of top coat.

Another type of salon manicure and pedicure, involving "soak-off" gel, is rapidly gaining popularity; results can last two weeks or longer without chipping. Designed for natural nails, formulas such as OPI Axxium Gel and CND Shellac (a gel-polish hybrid) deliver a thinner, more flexible finish than traditional gel. Each layer is UV-cured — so there's zero drying time. Removal requires a salon appointment to soak nails in acetone and gently flake the gel off.

Daily TLC

Maria Cristina Faccio, owner of Ritual Tanning Salon & Nail Bar in downtown Toronto, recommends keeping cuticles soft by applying cuticle oil every night before bed.

Also, SPF on hands is a must "to prevent age spots and aged skin," she says. (Wipe nails immediately post application; sunscreen can mar the shiny polish finish.)

And don't forget your poor feet, constantly exposed in warm weather. "Slather them in moisturizer and sleep in breathable cotton socks," Faccio says.

JANINE FALCON

Scents and sensibility — what's yours?

Flowers are more than just pretty faces. Their scent evokes powerful emotions, moods and memories — and that's made perfume a perennial part of most beauty wardrobes.

Rose and lavender remain timeless favourites, but this season's most popular fragrances feature more exotic blooms. Notes of freesia, grapefruit, mandarin, orchid and rose with pear are present in the perfect-for-summer scents, says Tammy Smitham, of Shoppers Drug Mart and its upmarket cousin, Murale.

Each flower has a fragrance profile. Freesia is intensely sweet and comforting. Rose offers a warm, deep sweetness considered an aphrodisiac, but often has a bracing hit of cloves or other spicy scents. Lavender is pungent, herbaceous and soothing. Orange blossom is fruity, delicate and honey-sweet yet refreshing. And various orchids serve up scents that stretch from coconut to cedar.

Summer-fresh fragrances from natural sources are usually more expensive than synthetics, especially if they are harvested from rare blooms or faraway places. The classic brands usually contain real-flower ingredients. Ask an expert at the fragrance counter, Smitham suggests, to help you pick a classic or contemporary perfume that suits both the season and your personality.

JO CALVERT

warm weather

- Warm weather enhances perfumed products, so use a light touch. **LUNG ASSOCIATION**

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Sunny side of summer

Sunlight actually boosts our mood. The rays suppress the production of melatonin, a hormone that makes us feel sleepy and generally. **DR. IRVIN WOLKOFF, A TORONTO PSYCHIATRIST**

Trendwatch
Bare it!

With summer upon us, it's time to bare more than just our faces on the beach! Besides the usual methods (razors, creams, waxing and laser), here's a look at three hot trends in hair removal.

Hair Removal Pads: These pads are like extra-fine sandpaper and gently buff hair (and dead skin) off your body.

Body Sugaring: Similar to waxing, this method has the added benefit of exfoliation. Available in spas and salons, there are also recipes on the Internet for home.

Epilation: Shaver-shaped devices tweeze hair – a patch at a time. Web chat indicates it gets less painful with each use.

Be sure to talk to a beauty advisor about whether these methods might work well for you.

LORI DANCE

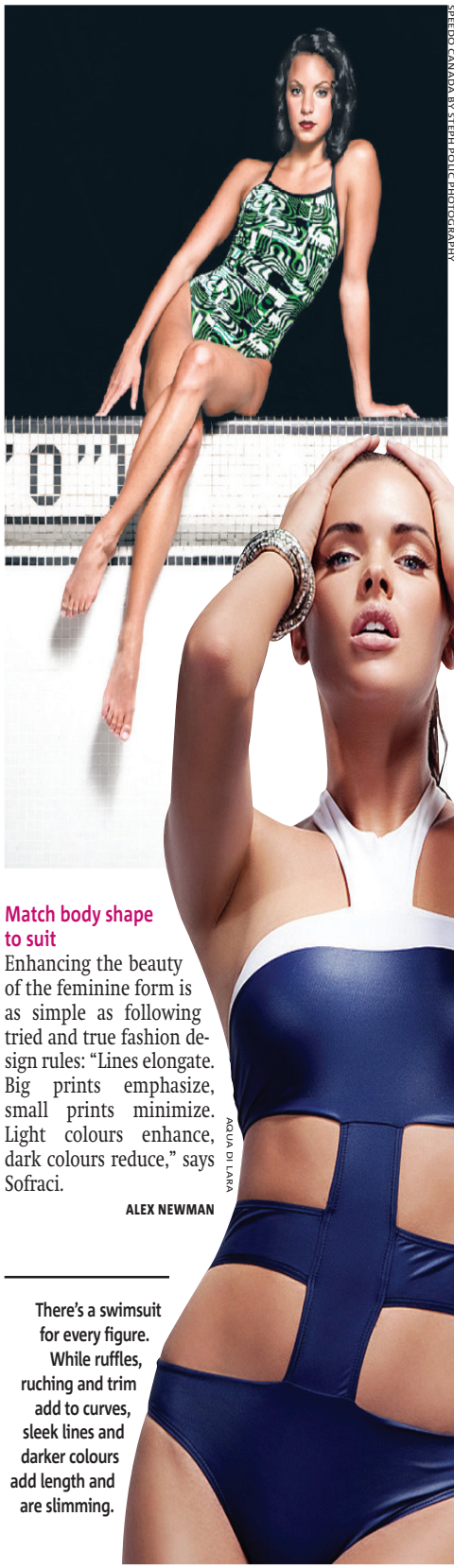
Care free

Summer "brings back all those wonderful feelings" of childhood and running barefoot.

DR. IRVING WOOLKOFF

In the swim

Since the days of the Roman bath, deciding what to wear by the water has always been a challenge — do we go for comfort or style? Thanks to new materials, and fantastic designers, making the choice is no longer such a big deal.



SPEEDO CANADA BY STEPH POLIC PHOTOGRAPHY

AQUA DI LARA

There's a swimsuit for every figure. While ruffles, ruching and trim add to curves, sleek lines and darker colours add length and are slimming.

Material girl

According to Janet Morrison of Omni Swim Aquatics in Toronto, the best material is polyester because it resists fading and stretching in harsh pool chemicals. Lycra, on the other hand, tends to stretch so much that after three months of constant use, "you'll be able to tie a knot in it," she says.

The material also makes a difference also when getting fitted: "A Lycra suit needs to be really tight because it will stretch, whereas polyester should just be comfortable, because it won't stretch," Morrison says.

Patterns

The looks for 2010 are "solid, vibrant colours or graphic patterns, plus some textured and specialty fabrics," says Reyhan Sofraci, creative director and owner of Montreal's Aqua Di Lara Swimwear, a line of haute fashion bathing suits.

Design

And they're a little more daring in their design. Bandeaus and tarzan bottoms are a huge hit, says Sofraci, "with the cut-away suit, or monokini, being a particularly flattering style. Strategic fabric placement keeps certain areas hidden and yet has great sex appeal."

Though Sofraci loves "innovative fabrics," function is important: "The suits must brave water, sun and chlorine and stay as beautiful as when first purchased."

Match body shape to suit

Enhancing the beauty of the feminine form is as simple as following tried and true fashion design rules: "Lines elongate. Big prints emphasize, small prints minimize. Light colours enhance, dark colours reduce," says Sofraci.

ALEX NEWMAN

Fashion watch

From crowded trains and buses to air-conditioned cars and offices and everything in between, dressing for summer heat can be a challenge! Here are 10 ways to keep cool... and look great.

Wear breathable cotton and linen in lighter colours; steer clear of clingy jersey and synthetics. If you've got an active day, high-tech fabrics will wick moisture away from your skin.

Loosen up. "Something about the heat makes people feel they need to wear too little, and too tight," bemoans David Clemmer, wardrobe consultant for the popular makeover series Style By Jury.

It's okay to move up your hemline a bit if the look's right for you and your work environment. If it's corporate, forget the mini. Your best bet, says Toronto-based image consultant Kelly Millar, is at or just above the knee.

Go for balance: if you wear a flirty skirt, balance it with a jacket or cardigan; pair a tank top with a longer flowing skirt or capris with billowy tops.

Dress in layers. Loosely roll a lightweight, neutral-coloured jacket or cardigan and stash it in your knapsack or purse for the commute; hang it over the back of your chair so the creases fall out. If your office provides a place to hang clothes, keep a crisp white shirt as a back-up.

Kelly Millar

"Something about the heat makes people feel they need to wear too little, and too tight"
KDavid Clemmer, wardrobe consultant for Style By Jury

Ditch the pantyhose if your workplace allows it — but forget flip-flops. "They should only be allowed where sand is present," Clemmer says. Avoid flaming toenail colours "so people aren't noticing your nails or feet before they notice you."

Pull hair up off the neck in a chignon or ponytail. (Or, for those with longer hair, try a shorter cut this summer!)

Ice cubes or a damp wash cloth on the neck or wrists help cool you down. Install a small desk fan.

Keep anti-perspirant (it reduces wetness) or deodorant (it lets you sweat but keeps you smelling sweet) in your desk or purse. Underarm shields, which are thin adhesive pads that absorb sweat, are another option.

Take a cool bath or lukewarm shower before you head out for the evening again.

KIM ZARZOUR

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Some foods, like celery and rutabaga, contain phyto coumarin. "When ingested, these foods are absorbed through the body and show up in the skin. When exposed to the sun, the chemical is converted to an oxygen radical and that can lead to a sunburn-like reaction". DR. GORDON SEARLES

Foods to boost your beauty

When it comes to skin care, what you put on your plate may be more important than what you put on your skin, says Toronto dietitian Fran Berkoff.

"Everything we eat affects our body inside and out," says Berkoff, "so the healthier the foods you eat, the better your skin will look. There's no need to take supplements."

The best way to nourish your skin is to follow Canada's Food Guide, she says. Getting the recommended 7-10 servings of fruits and veggies a day is super easy with farmer's markets everywhere these days. Choose fruit for breakfast, dessert and snacks, make a salad for lunch and steam up different-coloured veggies with dinner.

Eat your fruit and veggies. Vitamin C produces collagen and may help reduce the damage (and wrinkles) caused by overexposure to the sun. Broccoli, tomatoes, red peppers, dark greens, strawberries and local muskmelon (cantaloupe) are all rich in this essential vitamin and powerful antioxidant.

Eat your fruit & veggies!

Take the E train. Vitamin E, another important antioxidant, may also help protect skin from sun damage and keep it looking great. Get your fix by making a big salad spritzed with good olive oil and sprinkled with nuts and seeds. For snacks, enjoy a handful of almonds.

Make a splash. Our bodies, and our skin, love Vitamin A, and one of the best places to get it is from dairy products. Think berry-banana smoothies with low-fat milk for breakfast, yogourt with fresh fruit and a mid-afternoon cup of frozen yogourt. Since we also convert beta carotene to Vitamin A, serve a low-fat yogourt dip with bright orange carrot, sweet potato or rutabaga sticks.

"More studies are needed to figure out the long-term benefits of food on our skin," says Berkoff, "but we know for sure that eating a variety of healthy foods and drinking plenty of water to keep your skin hydrated will go a long way to helping you look and feel terrific this summer."

CYNTHIA DAVID

Fitness watch — beach ready workout

Well toned muscles look fabulous in summer bikinis and tank tops… and toning muscles is easier to do than you think, says Krista Popowych, manager of the Richmond Olympic Oval in Richmond, B.C. She recommends five muscle conditioning moves to help tone the muscles that are most often bared in summer!

Health Canada recommends that healthy Canadians aim for at least 60 minutes of physical activity every day. That includes aerobic exercise such as cycling and fast walking and muscle conditioning.

Remember that losing a bit of weight — and fat — might be important too, in revealing muscle tone. The best way to lose extra fat is to combine aerobic exercise with healthy eating.

1 Wide leg squat with calf raise

(Targets: legs)

Stand with feet wide and toes turned outward. Bend knees as you lower your torso straight down. Lift heels and balance on toes for 3 seconds. Drop heels and lift torso back to starting position. Be sure to keep all movements slow and controlled in this exercise and others. Repeat 10-12 times.

Advanced: Repeat 10-12 more times.

2 Wide leg push-up

(Targets: arms, shoulders, chest and core)

Start in a push-up position with legs wider than hip width and arms in line with shoulders, elbows slightly bent and pointing back (not to the sides). Bend elbows slowly as you lower your upper body to the ground. Pause, then push yourself up to the starting position. Repeat 10-12 times.

Advanced: In the upper position, reach out one arm. Hold for 5 seconds. Lower. Change sides.

3 Reverse lunge into knee lift

(Targets: glutes, quads, hamstrings, calves)

Stand with feet hip width apart and arms by your sides. Bend the left knee as you step the right leg back into a lunge position. In a slow, sweeping motion, and as you straighten the left knee, lift the right leg forward and bend the knee up to waist height. Reach the right leg back again into a lunge position. Repeat 10-12 times. Change legs.

Advanced: As you bring the knee up, do a bicep curl with your arms. As you lower the leg, lower your arms again too.

4 Side plank

(Targets: shoulders, core, abdominals)

Lie on your left side with elbow bent and body lifted off the floor with legs extended and stacked or the top foot acting as a brace on the ground in front of the right foot. Be sure neck is in line with the spine. Extend right arm up towards the ceiling. Hold for up to 15-50 seconds.

Advanced: Sweep your right arm around and under your body to touch the ground underneath.

5 Bicycle

(Targets: Abs)

Lie on your back with head, neck and shoulders raised, elbows wide, hands lightly touching either side of your head. Reach your opposite elbow to opposite knee as you start to cycle. Repeat 30-50 seconds. Take a break and repeat.

Advanced: Change the tempo — slower is more challenging.

YLVA VAN BUUREN

Recipe

Sensational summer smoothies

Blend vitamin-rich fruit with other delicious ingredients for a healthy and refreshing summer smoothie that is guaranteed to make you feel great inside and out. The Dairy Famers of Canada provided these recipes. CYNTHIA DAVID

Strawberry cantaloupe smoothie

- 1 cup (250 mL) chopped Ontario muskmelon or cantaloupe
- ½ cup (125 mL) chopped strawberries
- 1/3 cup frozen cranberry juice concentrate
- 1 ½ cups (375 mL) cold milk
- 1 cup (250 mL) ice

In a blender, puree melon, strawberries and concentrate together until smooth. Add milk and ice; blend again. Enjoy immediately.

SERVES 2

Mango smoothie

- 1 large ripe mango, peeled and chopped
- ½ tsp (2 ½ mL) grated fresh ginger
- 1/3 cup (75 mL) frozen orange juice concentrate
- 1 ½ cups (375 mL) cold milk
- 1 cup (250 mL) ice

In a blender, puree mango, ginger and concentrate together until smooth. Add milk and ice; blend again. Pour into tall glasses and enjoy.

SERVES 2

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RSZ_089121

Rogers pays $30M back to customers
Rogers Communications is reimbursing hundreds of thousands of customers a total of $30 million because of a billing mistake, the company said Friday. THE CANADIAN PRESS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Mass? There's an app for that

An Italian priest has developed an application that will let priests celebrate Mass with an iPad on the altar instead of the regular Roman missal.

The Rev. Paolo Padrini, 36, a consultant with the Vatican's Pontifical Council for Social Communications, says the free application will be launched in July in English, French, Spanish, Italian and Latin.

Two years ago, Padrini developed the iBreviary, an application that brought the book of daily prayers used by priests onto iPhones. To date, some 200,000 people have downloaded the application, he said.

The iPad application is similar but also contains the complete missal — containing all that is said and sung during Mass throughout the liturgical year. Upgrades are expected to feature audio as well as commentaries and suggestions for homilies as well as musical accompaniment, he said.

"Paper books will never disappear," he said in a phone interview from his home parish in Tortona, in Italy's northern Piemonte region. But at the same time "we shouldn't be scandalized that on altars there are these instruments in support of prayer."

THE ASSOCIATED PRESS

Online Pope

- Pope Benedict XVI, a classical music lover who was reportedly given an iPod in 2006, has sought to reach out to young people through new media: the Vatican has a regularly updated presence on You Tube and Facebook.

China Hard currency

THE ASSOCIATED PRESS PHOTO

A Chinese bank clerk counts banknotes yesterday. China's central bank said it would maintain a stable exchange rate and no longer peg its currency to the U.S. dollar — a move that will make the yuan trade more freely.

WestJet says seat sales still around

AIRLINES WestJet Airlines says recent fare changes mean customers won't have to wait around for seat sales anymore, but the airline isn't doing away with last-minute bargains altogether.

"Seat sales are not going away. We will continue to have them from time to time, as required," WestJet vice-president Richard Bartrem said Friday.

WestJet announced last week it would offer lower fares 330 days ahead of time. It is also reducing its top fares by an average of 25 per cent.

Aviation industry consultant Rick Erickson called the changes "quite a lot of hoopla."

"It's not as if WestJet is super-discounting their tickets. They're not. They're just relabelling," he said.

WestJet's main competitor, Air Canada, will likely follow suit with the airline's own changes, Erickson added.

THE CANADIAN PRESS

Business in brief

WORLD CUP Vuvuzelas, the yard-long plastic horns deafening fans in South Africa's World Cup soccer stadiums, have become one the country's fastest-selling sports items, leaving manufacturers struggling to keep up. Demand has been "unbelievable," said Clinton Currie, who runs the Johannesburg-based Vuvuzela Branding Company. With up to 70 per cent of his patented vuvuzelas being sold internationally, Currie says demand may continue for months after the tournament ends.

METRO NEWS SERVICES

Scan this code for business news.
See the Local page to learn how to scan.

What's Ottawa doing to help?
The City of Ottawa has adopted a variety of strategies to reduce the GHG emissions of its extensive fleet of vehicles. These include conversion to ethanol, regular engine maintenance, replacing older, inefficient vehicles and a tough anti-idling policy. METRO NEWS SERVICES

Going Green

Earth Rangers win

Calgary-based Earth Rangers (earthrangers.com) built a data centre to demonstrate that adopting green products and services doesn't mean sacrificing IT performance. The non-profit organization won The Quest for Canada's Greenest IT competition on Wednesday. METRO NEWS SERVICES

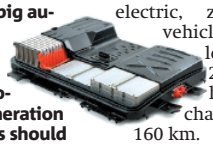
EDITOR: BEN.RYCROFT@METRONEWS.CA

Electric cars getting a jump start

Manufacturers addressing consumer's two biggest concerns — sticker price, battery range

BEN KNIGHT
for Metro Canada

The electric car is not dead after all. Several big auto manufacturers are racing ahead with low- or zero-emission technology, and a new generation of electric vehicles should be widely available in Canada as early as 2012.



This much-desired concept is being improved by the day, and concerns once seen as all-but-insurmountable are melting away.

BATTERY RANGE

What's the concern?

Many drivers want to drive cleaner vehicles, but are worried electric cars simply cannot travel far enough to meet their needs.

What's changing?

The Nissan Leaf — an all-electric, zero-emission vehicle set for release in late 2011 — will have a single-charge range of 160 km.

"We feel that the best way to control CO2 emissions is by producing none at all," says Mark McDade, director of marketing at Nissan, Canada Inc.

"The average commuting driver in Canada has an average round trip of 30-40 km."

Toyota, manufacturer of the successful Prius hybrid vehicle, is focusing on several options, all of which are good on range.

Battery life has been a major stumbling blocks for electric cars.

"Right now, we've announced a global demonstration program for our plug-in Toyota Prius hybrid," says Rodney Jones, Manager of Advanced Technology and Powertrain at Toyota Canada. "That vehicle will be available for consumers in 2012, as well as the battery electric vehicle that we are working on."

STICKER PRICE

What's the concern?

Because this is new and innovative technology, potential buyers think electric cars will be prohibitively expensive.

What's changing?

"Quite honestly, the sticker price is not the issue," says Nissan's McDade "It's the operating cost. You're not using fuel. The maintenance on this vehicle is diminished greatly, because there's not many fluids to deal with. The battery is a self-contained unit, so there's not a lot of open-heart surgery going on here."

The Leaf's Canadian price has not yet been determined, but McDade notes that both Ontario and Quebec have already announced up to $10,000 in incentives for drivers who want to purchase electric cars.

"The more that people buy them, the more the price goes down," Jones adds. "We've sold more than 2.5 million hybrid vehicles worldwide. A lot of that technology will go into our plug-in and battery-electric hybrid vehicles. Our focus right now is to be able to sell it at a price where people will adopt them on a mass scale."

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Ruling helps Johnson end drought

A NASCAR ruling cost Marcos Ambrose his first career Sprint Cup Series victory yesterday when he stalled his car under a late caution at Infineon Raceway and was forced to forfeit his lead to Jimmie Johnson. Johnson went on to win his first career Cup race on a road course and ended a 10-week victory drought for the four-time defending series champion. THE ASSOCIATED PRESS

Sports

Gaga banned from locker-room

Lady Gaga can still play Yankee Stadium — she just has to follow the ground rules. The outlandish pop singer, left, talked her way past security and visited the Yankees clubhouse after the team lost to the New York Mets Friday night. The New York Post reported yesterday that Yankees co-chairman Hal Steinbrenner was upset with Lady Gaga's antics and permanently barred her from the locker-room. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Dying request granted

McDonald hits home run for his father, who died last week

MLB RESULTS

Giants 9 **Blue Jays** 6

TONY ROCK/TORSTAR NEWS SERVICE

Toronto Blue Jay John McDonald hits a home run in the ninth inning yesterday, scoring Fred Lewis.

John McDonald's bottom lip quivered as he recalled the conversation with his late father, Jack.

They were talking about what kind of player the light-hitting utility infielder was, and Jack had a request for his son.

"Hit your next home run for me," he said, shortly before he died from liver cancer Tuesday.

John McDonald obliged. In his first at-bat after the funeral Friday. On Father's Day.

His first thought as he was rounding the bases?

"Probably the fact that I couldn't call my dad after the game," McDonald said, the corner of his eyes dampening.

"I think it was for both of us ... The fact I got that out of the way quick was nice. I told him they're not that easy to hit."

On most days, the light-hitting infielder's home run in the ninth inning of a 9-6 Toronto Blue Jays loss to the San Francisco Giants would be a footnote. Yesterday, it was one of those rare times in sports when a single moment supersedes victories and losses.

"I think it brought tears to just about everyone's eyes," said manager Cito Gaston.

McDonald rejoined his teammates Saturday and was only seeing action yesterday as a late-inning replacement for second baseman Aaron Hill in a blowout game. But he welcomed the opportunity to play, jumped all over an 0-1 curveball from Jeremy Affeldt and sent his first of the season just over the left-field wall.

He pumped his fist as the ball disappeared into the bullpen.

"My dad wanted me to be here for Father's Day," said McDonald, who has a young daughter. "I'm not usually happy or excited post-game after a loss, but it was a special moment for our family."

For his teammates, too.

McDonald was given an emotional reception in the Blue Jays dugout, and then was hugged by Vernon Wells, Hill, Shaun Marcum and Casey Janssen in the tunnel to the clubhouse.

"We cried on each other's shoulders for a good 30 seconds," said Wells. "When it went out it was instant goosebumps. Wins and losses don't really matter at that point, that was one of the most special moments I've gotten to see in this game.

"I think that's the happiest loss any of us have encountered in our professional careers."

THE CANADIAN PRESS

Northern Ireland's McDowell becomes first European to win U.S. Open in 40 years

GOLF Graeme McDowell of Northern Ireland won the U.S. Open, holding off France's Gregory Havret to become the first European to win America's national championship since 1970.

McDowell shot a 3-over 74 on a difficult day yesterday at Pebble Beach to finish at even-par 284 for the tournament and win by one. Havret, a Frenchman ranked 391st in the world, played in the same group with Tiger Woods and didn't let it bother him. He was within one of McDowell with two holes left but couldn't make birdie on the par-5 18th to tie.

Ernie Els finished third at 2 over.

Double-eagle

- The day yielded the second double-eagle in the history of the U.S. Open, when Shaun Micheel hit a 3-iron from 239 yards into the hole on the par-5 sixth.

Woods made four bogeys on the front nine en route to a 4-over 75. He tied for fourth with Phil Mickelson, the same spot he finished in at the Masters in April. Mike Weir of Bright's Grove, Ont., who was one back of the lead after the first round, shot a final round of 4-over 75 and finished tied for 80th. THE ASSOCIATED PRESS

ROSS KINNAIRD/GETTY IMAGES

Graeme McDowell of Northern Ireland watches his tee shot on the 11th hole yesterday at the U.S. Open.

Sports in brief

IRL Tony Kanaan overtook Helio Castroneves with 10 laps left and held on to win the Iowa 250 yesterday. It was the first win since 2008 for Kanaan, who last took the checkered flag in Richmond two years ago. Kanaan had crashed in each of his first three starts at Iowa, but he zipped past Castroneves on lap 240 and cruised to victory by over four seconds.

GOLF Japan's Ai Miyazato shot a 7-under 64 yesterday to win the $1.5-million US ShopRite LPGA Classic. The 25-year-old Miyazato is guaranteed to take over the No. 1 spot in today's rankings after her fourth victory of the season. Second-round leader M.J. Hur finished second, two shots behind Miyazato. Fellow South Korean Inbee Park, the 2008 U.S. Women's Open champion, was a further two shots back.

BASEBALL Fireballer Bob Feller's ceremonial first pitch bounced before it reached home plate. That's OK, though. The 91-year-old Hall of Famer still received the only standing ovation at the Hall of Fame Classic yesterday. "I think I joined the politicians. They always bounce it," Feller said in his inimitable, teasing way. THE ASSOCIATED PRESS

SCOREBOARD

BASEBALL

YESTERDAY'S NL RESULTS

Milwaukee 6 Colorado 1

YESTERDAY'S INTERLEAGUE RESULTS

San Francisco 9 TORONTO 6
Atlanta 8 Kansas City 5
Chicago Cubs 12 L.A. Angels 1
Chicago White Sox 6 Washington 3
Detroit 3 Arizona 1
Florida 4 Tampa Bay 1
Minnesota 4 Philadelphia 1
N.Y. Yankees 4 N.Y. Mets 0
Oakland 3 St. Louis 2
Pittsburgh 5 Cleveland 3
San Diego 9 Baltimore 4
Seattle 1 Cincinnati 0
Texas 5 Houston 4 (10 ings)
L.A. Dodgers at Boston

Cameroon out, Netherlands through

Dennis Rommedahl scored one goal and set up another to lead Denmark to a 2-1 comeback win over Cameroon Saturday, eliminating the African team from the World Cup and sending the Netherlands to the round of 16. THE ASSOCIATED PRESS

World Cup

Security concern

The Nigerian team has asked its government to provide security for midfielder Sani Kaita, left, after his red card during a World Cup loss to Greece prompted more than 1,000 death threats. Security has already been increased around the Nigerian team's base in South Africa. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

French director resigns from post

SOUTH AFRICA France's World Cup ambitions lay in ruins yesterday after public rifts erupted between players, coaches and national officials over Nicolas Anelka, thrown out of the squad for insulting team coach Raymond Domenech. In another moment of drama, France team director Jean-Louis Valentin shouted at the media that he was "ashamed" of the players for not training. Caught up to by reporters, Valentin announced his resignation on the spot. THE ASSOCIATED PRESS

SCOREBOARD

GROUP A

	GP	W	D	L	GF	GA	Pts
Uruguay	2	1	1	0	3	0	4
Mexico	2	1	1	0	3	1	4
France	2	0	1	1	0	2	1
South Africa	2	0	1	1	1	4	1

TUESDAY GAMES

Mexico vs. Uruguay, 10 a.m.
France vs. South Africa, 10 a.m.

GROUP B

	GP	W	D	L	GF	GA	Pts
Argentina	2	2	0	0	5	1	6
South Korea	2	1	0	1	3	4	3
Greece	2	1	0	1	2	3	3
Nigeria	2	0	0	2	1	3	0

TUESDAY GAMES

Nigeria vs. South Korea, 2:30 p.m.
Greece vs. Argentina, 2:30 p.m.

GROUP C

	GP	W	D	L	GF	GA	Pts
Slovenia	2	1	1	0	3	2	4
U.S.	2	0	2	0	3	3	2
England	2	0	2	0	1	1	2
Algeria	2	0	1	1	0	1	1

FRIDAY'S RESULTS

U.S. 2 Slovenia 2
England 0 Algeria 0

WEDNESDAY GAMES

Slovenia vs. England, 10 a.m.
U.S. vs. Algeria, 10 a.m.

GROUP D

	GP	W	D	L	GF	GA	Pts
Ghana	2	1	1	0	2	1	4
Germany	2	1	0	1	4	1	3
Serbia	2	1	0	1	1	1	3
Australia	2	0	1	1	1	5	1

FRIDAY'S RESULTS

Serbia 1 Germany 0

SATURDAY'S RESULTS

Australia 1 Ghana 1

WEDNESDAY GAMES

Ghana vs. Germany, 2:30 p.m.
Australia vs. Serbia, 2:30 p.m.

GROUP E

	GP	W	D	L	GF	GA	Pts
x-Netherlands	2	2	0	0	3	0	6
Japan	2	1	0	1	1	1	3
Denmark	2	1	0	1	2	3	3
Cameroon	2	0	0	2	1	3	0

SATURDAY'S RESULTS

Netherlands 1 Japan 0
Denmark 2 Cameroon 1

GROUP F

	GP	W	D	L	GF	GA	Pts
Paraguay	2	1	1	0	1	1	4
Italy	2	0	2	0	2	2	2
New Zealand	2	0	2	0	2	2	2
Slovakia	2	0	1	1	1	1	1

SUNDAY RESULTS

Paraguay 2 Slovakia 0
Italy 1 New Zealand 1

GROUP G

	GP	W	D	L	GF	GA	Pts
Brazil	1	1	0	0	2	1	3
Ivory Coast	1	0	1	0	0	0	1
Portugal	1	0	1	0	0	0	1
North Korea	1	0	0	1	1	2	0

SUNDAY RESULTS

Brazil 3 Ivory Coast 1

TODAY'S GAME

North Korea vs. Portugal, 7:30 a.m.

GROUP H

	GP	W	D	L	GF	GA	Pts
Chile	1	1	0	0	1	0	3
Switzerland	1	1	0	0	1	0	3
Honduras	1	0	0	1	0	1	0
Spain	1	0	0	1	0	1	0

TODAY'S GAMES

Switzerland vs. Chile, 10 a.m.
Spain vs. Honduras, 2:30 p.m.

x - clinched berth in second round, all times ET

DAVID CANNON/GETTY IMAGES

Tommy Smith of New Zealand, right, clashes with Vincenzo Iaquinta of Italy in a World Cup Group F match at the Mbombela Stadium in Nelspruit, South Africa. The match was a 1-1 draw.

Shock and draw

Tiny New Zealand stuns Italy by forcing tie

GROUP F RESULT

New Zealand 1 Italy 1

Defending champion Italy was held to another 1-1 draw yesterday, this time by New Zealand, in the latest World Cup surprise.

The 78th-ranked All Whites took the lead in the seventh minute when the ball glanced off 36-year-old Italy captain Fabio Cannavaro, gifting a goal to Shane Smeltz. A long free kick from Simon Elliott sailed deep into Italy's area, deflected off Cannavaro's hip and went directly toward the waiting Smeltz for the tap in.

Riccardo Montolivo hit the post for Italy in the 27th, and Vincenzo Iaquinta equalized two minutes later with a penalty after Tommy Smith was shown a yellow card for tugging down Daniele De Rossi inside the area.

"We're just sorry we didn't win a match we could have," Italy coach Marcello Lippi said. "If we didn't win against New Zealand it's our fault. Once again the opponent scored on their first chance. We were able to control the game after that, but this was a match we should have won."

Iaquinta appeared to celebrate as if he were blowing a vuvuzela, the plastic trumpets that have become a symbol of the World Cup.

At the final whistle, however, the celebration was located in one corner of the Mbombela Stadium, where a small section of New Zealand fans marked their country's historic result by taking their shirts off and waving them around deliriously.

"I think that stopped the nation," New Zealand coach Ricki Herbert said. "It's the most incredible result we've had across the board. As a football coach, it's way above anything we've achieved in the history of the game."

THE ASSOCIATED PRESS

It's crunch time for Ronaldo

GROUP G PREVIEW

Portugal vs. North Korea

The pressure will be on Cristiano Ronaldo to start producing goals when Portugal meets North Korea today, and he will be without Deco to feed him passes.

The Chelsea midfielder missed pre-match training at Green Point Stadium yesterday with a left hip injury and coach Carlos Queiroz ruled him out of the North Korea game.

Ronaldo said he hoped Deco could recover for the final group match against Brazil.

"Obviously Deco is always an important piece in the chess game," said Ronaldo.

Portugal is already without Manchester United winger Nani, who was ruled out of the World Cup before the tournament started.

"There were instances Deco didn't play, when Cristiano Ronaldo didn't play, and we were able to win nevertheless," said Queiroz.

Portugal will be looking for a big win, seeking to get a least one foot into the second round ahead of the last first-round game against Brazil next Friday.

"It is all or nothing as far we are concerned," said Queiroz.

North Korea, too, has the confidence, after it held Brazil before losing 2-1.

"We are going to put all of our efforts into the remaining two games and to win points — that is our main goal," said coach Kim Jong Hun, adding that his country might even go as far as the quarter-finals.

Brazil boosted North Korea's ambitions, beating Ivory Coast 3-1 Sunday. It left Brazil with a perfect six points from two games, ahead of Portugal with one point from one game and Ivory Coast with one point from two games. North Korea has none, but has a match in hand over Ivory Coast.

THE ASSOCIATED PRESS

Scoring slump

- Cristiano Ronaldo hasn't found the net for his country in a competitive game since the 2008 European Championship.

ARMANDO FRANCA/THE ASSOCIATED PRESS

Cristiano Ronaldo runs during a training session yesterday.

Brazil gets a hand in victory over Ivory Coast

GROUP G RESULT

Brazil 3 Ivory Coast 1

Brute force and hand balls aside, Brazil achieved its first objective at the World Cup: Advancing out of Group G.

Luis Fabiano scored a pair of goals, one with the aid of touches with his hand, while Elano added another as Brazil beat Ivory Coast 3-1 yesterday to secure a spot in the second round from Group G. In a physical match that saw Brazil star Kaka ejected with two late yellow cards, the five-time champions showed they can deal out the rough stuff with the pretty plays.

"It's true, the ball really touched my hand and then my shoulder," Luis Fabiano said of his second goal. "But it was involuntary. It was one of the greatest goals I've scored in my career."

Fabiano got his first goal in six matches for the national team with a powerful right-footed shot in the 25th minute after a perfect pass by Kaka between defenders. Fabiano added to the lead in the 50th with his left foot from near the penalty spot after beating two defenders inside the area — helped by his sleight-of-hand.

Ivory Coast coach Sven-Goran Eriksson was livid that the second goal counted. "It shouldn't have been allowed," Eriksson said. "They got a goal free. That's a two-nil goal — that changed everything.

Didier Drogba, playing from the start for the first time after breaking his right arm, scored the lone goal for Ivory Coast with a header in the 79th.

THE ASSOCIATED PRESS

Paraguay wins

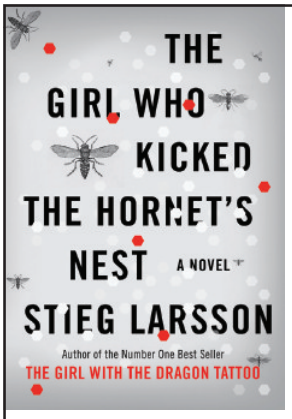
- Enrique Vera and Cristian Riveros each scored yesterday as Paraguay took a big step toward the round of 16 with a 2-0 win over Slovakia.

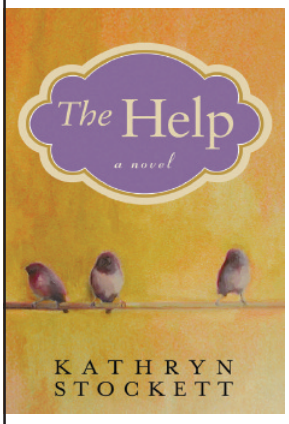
World Cup in brief

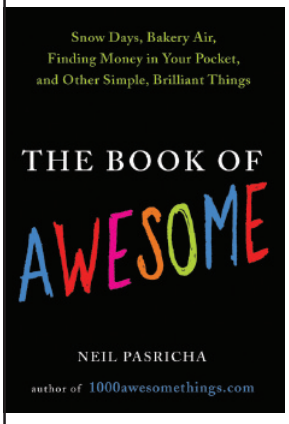
SOCCEROOS Tim Cahill and Lucas Neill have appealed to fans not to give up on Australia ahead of its match against Serbia. Cahill was suspended as the Australians, despite an early red card for Harry Kewell, held on for a 1-1 draw with Ghana Saturday that kept their hopes of progressing alive.

ARREST An England fan has been arrested and charged with trespassing for allegedly entering the national team's locker room following a 0-0 draw with Algeria. South African police said the fan was arrested yesterday morning.

THE ASSOCIATED PRESS







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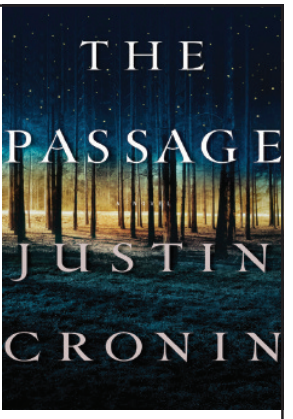

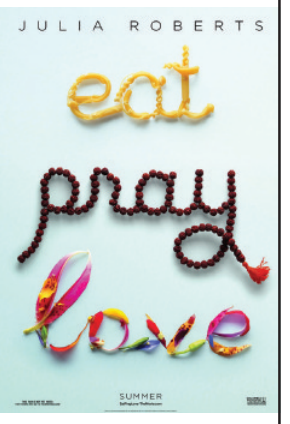

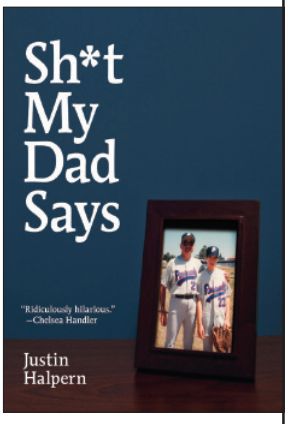

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South African universities provide services, accommodation for FIFA

As football fever sweeps across South Africa and the world, South African universities are contributing to the event through a number of initiatives, such as accommodation for teams and fans, access to sports facilities, exhibitions and soccer events. METRO NEWS SERVICES

Workology

Excellence in health care

The Canadian College of Health Services Executives recently bestowed awards on individuals, teams and organizations that have exemplified leading practices across the health care system in Canada. They include: The Energy and Environmental Stewardship Award for Toronto's Sunnybrook Health Sciences Centre; the Health Care Safety Award for the Vancouver's B.C. Cancer Agency and the Nursing Leadership Award went to Jeanne Besner, a director at Alberta Health Services. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Undergrads look to the future

SURVEY According to a MyCanEd news release, a recent survey of 1,581 undergrads at 19 universities across Canada has found that young people anticipate greater global change than change to Canada itself. Almost all agreed that by 2040, Alberta and Quebec would still be part of Canada, and that universal health care and pension plans would still exist.

About two-thirds anticipate that the polar ice caps will have melted, a nuclear war will have taken place, a human will have been successfully cloned, artificial intelligence will exist, and that China will be the world's leading superpower. At the same time, most do not expect cures for cancer or AIDS, or peace in the Middle East, in the next 30 years. Overall, the students see the economy (43 per cent), health care (34 per cent) and the environment (23 per cent) as the top issues facing Canada today.

METRO NEWS SERVICES

Blacksmiths still forging steel in the 20th century

Odd Jobs

Diane Peters

Metronews.ca/oddjobs

Robb Thak loved art and reading history and fantasy books growing up. "As soon as I realized blacksmiths made all the armour, I knew that's what I wanted to do."

As a teen, he discovered that one of the top blacksmiths in southern Ontario lived down the road, and he offered classes: Thak took one and built himself a forge at home to practise.

Thak, who's now 41, kept asking if he could work in the shop. He asked about four times before the blacksmith caved in and let him start sweeping floors for $5 an hour.

Over the next four years, Thak got his basic training as a blacksmith. He married young and had kids, and those were "lean years," he recalls. So he quit to sell insurance.

That did not work out. After a year, he got a night job at a factory and did blacksmith work by day at the shop he'd set up on his parents' farm.

For six years, he honed his craft and built up a reputation.

"These are not skills you learn over six months. It takes several years to get the hand-eye-coordination and the larger design and proportions right."

Finally, he was able to quit and rent his own shop. A few years later, he began sharing space with his father-in-law, who ran an auto repair shop in Floridale, a tiny village near Thak's home in Elmira. Eventually, his father-in-law moved to another location and Thak bought the building.

Now, Thak works from 6 a.m. until 5 p.m. six days a week. He takes Sunday off to be with his family (who also often help out in the shop).

PHOTO SUBMITTED

Blacksmith Robb Thak, 41, from Thak Ironworks hammers away at his forge.

Thak makes metal creations — mostly using steel, but sometimes copper and brass — ranging from small doorknockers to large, elaborate railings that sell for around $30,000.

His tools include a forge, which is a small and very hot furnace, a hammer and an anvil (yup, the thing Wile E. Coyote used on the Road Runner).

He heats up a piece of steel to around 2,000 F, which makes it as moldable as clay. He has about a minute to use his hammer to shape it.

Then it's back into the forge, and more hammering. The shape of the anvil is helpful as a tool to bend the steel in various ways.

Thak and his on-staff blacksmith work at the forge for about three hours a day: It's hot, exhausting work. For every two hours at the forge, a piece needs about three hours of addition work, including sanding, soldering and painting.

The Lowdown

Job title: Blacksmith
Salary: Same as a contractor
Education/training: You learn through courses and on the job; there's no formal certification in Canada
Best Part of the Job: "I like the creating part at the forge. And I like working with creative people."
Worst Part of the Job: "The administrative work."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Will 2010 be remembered as the year of the odd resumé?

Even as the job market improves, with unemployment still high, job seekers have turned to unconventional methods to stand out from the competition.

According to a new survey from CareerBuilder, nearly one-quarter of hiring managers (22 per cent) reported that they are seeing more job seekers try unusual tactics to capture their attention in 2010 compared to last year. This is up from 18 per cent of hiring managers who said the same in 2009 and 12 per cent in 2008.

"While we are seeing positive signs in the job market as employers gradually add headcount, competition is still high for open positions," said Jason Ferrara, senior career adviser at CareerBuilder. "As a result, more candidates are turning to unconventional tactics to attract the attention of hiring managers. While these tactics may work occasionally, they still need to be done with professionalism."

Some hiring managers report that unusual job-seeking tactics can be effective. Nearly one-in-ten (nine per cent) said they have hired someone who used an unconventional tactic to get their attention. When asked what unusual job search methods made them hire a job seeker, hiring managers reported the following:

Job candidates this year are using every creative trick they can think of to convince employers that they are the ones for the job.

- Candidate brought in a DVD of his former boss giving him a recommendation.
- Candidate applying for a casino table game position came into my office and started dealing on my desk while pretending to talk to players, which showed me her guest service skills.
- Candidate sent in a letter that explained how to solve an issue our company was having with a certain type of technology.
- Candidate who was a prospective teacher brought in a box of props to demonstrate her teaching style.

METRO NEWS SERVICES

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Jackson kids go to school

Michael Jackson's mother Katherine is quoted as saying that the late pop star's children will attend school for the first time this year. She told Britain's Mail tabloid that Jackson's three children — Prince, 13, Paris, 12, and Blanket, 8 — have had private lessons up until now. METRO NEWS SERVICES

Entertainment

Surfer trial

A judge has declared a mistrial for a second time in a battery case against two surfers accused of attacking a photographer who tried to photograph actor Matthew McConaughey on a Malibu beach.

METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

MuchMusic wants to air fewer videos

TELEVISION There may soon come a time when calling MuchMusic's annual flagship gala the "video awards" will sound either hopelessly outdated or charmingly nostalgic.

LessMusic

- MuchMusic wants to reduce its obligation to air music videos by half.

While the "nation's music station" feted the best videos of the past year at the MMVAs yesterday, MuchMusic is simultaneously asking the CRTC for a series of changes that would radically alter the nearly 26-year-old network — and sharply decrease the number of music videos it airs.

Much is looking to increase the amount of dramatic series and animated content it can air, from 15 per cent 20 per cent. It wants to eliminate the obligation to air French-language videos, and reduce the amount of money it's required to pay to MuchFACT — which funds videos by Canadian artists — by half. THE CANADIAN PRESS

Hedley, Bieber score at MMVAs

B.C. pop-punk band and Ontario teen dream take home three trophies

The MuchMusic Video Awards were pretty much perfect for B.C. pop-punkers Hedley, who took a leading three trophies at last night's outdoor bash.

The Abbotsford, B.C., natives won awards for video of the year and post-production of the year for Perfect and pop video of the year for Cha-ching.

"Thank you guys so much," said lead singer Jacob Hoggard before turning his attention to shirtless Jersey Shore star Pauly D, who presented the award. "I'd like to thank Pauly's left and right nipples as well."

But though teen sensation Justin Bieber matched their three awards, he may have been the evening's biggest attraction, sweeping all of his nominations and taking home two fan-voted titles.

He won the viewer choice awards for best video and best new artist and, also took the prize for international video by a Canadian for his smash collaboration with Ludacris, Baby.

DARREN CALABRESE/THE CANADIAN PRESS

CHRIS YOUNG/THE CANADIAN PRESS

Above: Hedley pose for a photo with one of their 2010 MMVA trophies on the red carpet. Right: Host Miley Cyrus performs.

"Coming from a small town in Canada — repping Stratford, Ont. — I just wanna say, this means the world to me," said a grinning Bieber.

"It's my first award, and to have it in Canada is just amazing."

Hard-rockers Billy Talent also took a pair of trophies, including rock video of the year, while Toronto rap star Drake and collaborator Trey Songz won two trophies for their song Successful (cinematography of the year and hip-hop video of the year).

Show co-host Miley Cyrus wasn't shut out either. The 17-year-old won the award for international video of the year by an artist for her upbeat single Party in the U.S.A.

She opened the show with a performance of the song, stomping around the stage in leather hot pants and a bikini while pyro popped overhead.

THE CANADIAN PRESS

ScanLife

Scan this code for more photos, a complete list of winners and comments from artists at the MMVAs

Korn urges BP boycott
Korn's Jonathan Davis is urging artists to boycott troubled oil giant BP over the oil spill disaster in the Gulf of Mexico. The rock singer says he has gathered a coalition of artists, including and they have agreed not to use fuel sold by BP or their affiliates on their tours. THE ASSOCIATED PRESS

Cyndi sings the blues

Cyndi Lauper's Memphis Blues is available tomorrow.

LENNY STOUTE
for Metro Canada

New wave diva, wrestling maven, Celebrity Apprentice, Gay Pride Grand Marshall, anti-discrimination activist,

Time after time, Cyndi Lauper finds a way to stay in the public eye. Mostly through a series of re-inventions, and for her latest, the lady sings the blues.

On the line from New York, Lauper is bubbly and focused on Memphis Blues, a collection of classic Stax-era tunes given the Lauper treatment. Lest you think this is a serious changeup for the lady, she says it ain't so.

"My interest in the blues goes back to a kid in her bedroom singing the songs of ('50s R&B shouter) Big Mabel, who's had a place in my music ever since. In the Nineties I was mixing pop with hip hop, which put me in a place close to where I could think of this album again".

The genesis of this long-coming album is a 1987 dream starring pianist Oscar Peterson.

"For the last 10 years it's been more or less 'Best Of' albums. I wanted to put out something and it seemed like good time to get that blues album I had in me out there".

The timing involved here is both topical and canny. Dropping a blues album gives Lauper access to a whole new audience and the soulful cachet to get onto rootsy events like the Montreal Jazzfest (July 4). It also keeps her social-consciously relevant.

"This is the time for a lot of blues in America. My people are struggling; my people are suffering, losing their homes. People are singing the blues all over the place. I wanted something I could sing to my people and the blues is the best thing, because at heart it's uplifting."

"Uplifting" would be a good way to describe the dream in which Peterson appeared and suggested Cyndi should be redoing old blues tunes, just like Janis Joplin did, to bring them to a new audience.

"In the dream I was an a—hole, giving Oscar lip when I should have been singing with the guy. But it stuck, and that's basically the motivation behind the album, to justify Oscar's faith in me. From that I also learnt to listen. When dreams speak to us we should all listen more."

The result is Memphis Blues, which is set to drop on Lauper's birthday tomorrow, 12 Stax-style electric blues excursions covering genre cult fave songwriters including Charlie Spand, Tracey Nelson and Memphis Slim. Cooking in the kitchen with Cyndi, a stellar crew of players including Charlie Musselwhite, Johnny Lang, Allen Toussaint, BB King and Ann Peebles.

Intimidating? Hell yeah!

Says Cyndi: "Among the many blessings I had from making the album were the amazing people I got to work with. At times I could hear this voice in my head whispering, You know everybody else will be more than good, maybe I might not be good enough."

No worries; she's fierce enough on Shattered Dreams and Mother Earth, cooks enough raunch on Rollin' and Tumblin' and rubs up well against BB King on Early In The Morning. Understandably Lauper claims she's burning to get out there and take her tunes from this most important album to the people. The music's so important she's laid aside the usual topical themes to focus on the universal one of love and its aftermaths. So when she plays the Pride show July 3 at Queen's Park, the meat of the set will be Cyndi sings the blues. But in an uplifting way.

Seven Fun Facts about Cyndi Lauper

- Won an Emmy as outstanding guest actress for a continuing role on Mad About You.
- Handpicked by Cher as the opening act for her 1999 Believe tour.
- Her million-selling debut album, She's So Unusual, was almost titled She's So Wonderful
- Made her first appearance on a TV series in 1989 on The Super Mario Bros. Super Show
- Was the first female singer to have four top-five singles released from one album.
- Very first album Blue Angel, was recorded as a member of a band of the same name. According to Lauper, it went lead.
- Girls Just Want To Have Fun was originally written by Robert Hazard for a man to perform.

"I see my influence everywhere; I also see the influence of Madonna and Cher. Everybody influences everybody. It's ok for Lady Gaga to grab whatever influences because she's a performance artist." Cyndi Lauper

DT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
6/21/10 primetime	265	353	2	TVO	Battlefield Mysteries		The Agenda With Steve Paikin		Midsomer Murders		Canada's War in Colour		Agenda-Paikin
	211	331	3	GTV	Entertainment	ET Canada	Lie to Me (HDTV PA) (N)		The Good Guys (N)		In Plain Sight (N)		News Hour
	-	-	5	SRC	Squelettes	Les Parent (N)	Les Chefs (SC)		Bons baisers de France (SC)		Le Téléjournal	Sports FIFA	Sport
	209	342	6	CHRO	Canada's Worst Driver		The Listener (DVS)		*The Rival* (2006, Suspense) Tracy Nelson, Heather Tom.				Comedy Now
	196	311	7	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	(10:01) CSI: Miami		CTV News
	208	303	8	CBC	Laughs	World Cup Soccer Match of the Day. (HDTV)					CBC News: The National		Soccer
	-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	Countdown to the Fireworks		Celebrating Summer: The Target Fireworks (HDTV)				News
	117	713	10	TVA	Les Gags (SC)	Sketch Show	Monk (HDTV)		Teste sur des humains (N)		TVA nouvelles	Sucré-salé	*Petit monde*
	-	-	11	QS	Wipeout (SC)	Taxi payant	CSI: NY "Filles d'enfer" (SC)		CSI: NY (SC)		Criss Angel	UFC: Les Guerriers	
	137	763	12	TFO	La Huronie		Bienvenue dans le nanomonde		*Pickpocket* ★★★ (1959, Policier)			Villages	Bibliotheca
	-	362	13	CBS	The Insider (N)	Judge Brown	How I Met	Engagement	Two/Half Men	Big Bang	(10:01) CSI: Miami		Two/Half Men
	216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		The Bachelorette The men travel to Iceland with Ali. (N)				(10:02) True Beauty		News
	115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
	218	345	18	CHCH	*Ms. Bear* ★★ (1997, Adventure) Ed Begley Jr., Kaitlyn Burke.				*Footloose* ★★ (1984, Drama) Kevin Bacon, Lori Singer.				News at 11 (N)
	-	361	20	ABC	Action News	Entertainment	The Bachelorette The men travel to Iceland with Ali. (N)				(10:02) True Beauty		News
	512	396	24	CPAC	Tête-à-tête	Beyond Poli	L'Heure politique		Les Comités de la Chambres des Communes				Heure polit.
	651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This/Your Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	Lie to Me (HDTV PA) (N)		The Good Guys (N)		FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	Wings Over	Antiques Roadshow		History Detectives (N)		Unforgettable: Korean War		Charlie Rose
	205	312	104	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	(10:01) CSI: Miami		CTV News
news	502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		What Happened Next		National
	500	500	33	CNN	John King, USA (N)		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV) (N)		
sports	406	417	27	net	Saturday Night Poker		Air Racing		The Ultimate Fighter (HDTV)		Sportsnet Connected		Prime Time
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	Draft Ranking	Golf Telus Skins Game. (HDTV) Day One.					SportsCentre (HDTV) (Live)		
	410	403	52	SCR	Bet Night Live				(9:15) WWE Monday Night RAW				Cup Tonight
family	411	457	56	OLN	Ghost Hunters		Destination Truth		Operate-Repo	Operate-Repo	UFO Hunters		Destin. Truth
	417	406	59	SC	NASCAR Smart	NASCAR Hub	Ultimate Factories "BMW"		Ultimate Factories (HDTV)		Racing Chef	NASCAR	Ult. Factories
	554	544	48	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	557	540	51	FAM	Sonny-Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Aaron Stone	That's-Raven
	551	542	65	YTV	Survive This	Survive This	In Real Life		Survive This	That's-Weird	To Be Indie	Family Biz	Prank Patrol
cable variety	570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Raising the Bar		The O.C.
	615	520	31	A&E	The First 48 (HDTV)		Intervention "Asa"		Intervention "Joey"		Intervention Relapse.		Obsessed
	628	584	32	SPKE	Ways to Die	Wild World	Disorderly Conduct: Video		Disorderly Conduct: Video		Entourage	Entourage	Entourage
	521	560	34	TLC	Little People	Little People	Cake Boss: Ultimate Cake		Cake Boss (N)	Cake Boss (N)	Inedible, Incre.	Inedible, Incre.	Cake Boss
	145	761	35	TV5	Un Village français		Apocalypse		(8:55) Apocalypse		Survivre		TV5 Le Journal
	616	521	39	SHO	Painkiller Jane		*Hybrid* (2007, Suspense) Justine Bateman, Cory Monteith.				Misfits (HDTV)		Survivors
	620	523	40	BVO	Strictly Bolshoi Moscow's Bolshoi Ballet.			Liberamae	Death in Venice			Song for Africa	Law & Order
	520	505	42	DIS	Daily Planet (N)		MythBusters		Dirty Jobs		American Loggers (N)		Daily Planet
	575	583	43	CMT	Due South		Amer. Funniest Home Videos		According-Jim	According-Jim	CMT's Greatest		
	601	562	45	SLC	Rich Bride Poor Bride		Bulging Brides	Bulging Brides	Rich Bride Poor Bride		The Millionaire Matchmaker		ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Chris Rock: Kill the Messenger		Daily Show
	294	529	47	TBS	Family Guy	Family Guy	House-Payne	House/Payne	Law & Order: SVU		Seinfeld	Seinfeld	*Eurotrip*
	600	564	49	H&G	House Hunters	Property Virgin	For Rent	My First Place	Home to Flip	Property Virgin	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Doctor Who		*Pumpkinhead* ★★ (1988, Horror) Lance Henriksen.				Stargate SG-1
	581	566	53	MTV	Cribs	Cribs	Cribs	Parent Control	The Hills	Downtown Grls	Downtown Grls	The City	MTV Live
	618	524	54	TROP	Colin & Justin's Home Heist		Wipeout		Wipeout		Parking Wars	Parking Wars	Carlawood
	522	506	55	HIS	Dogfights "Desert Aces"		Greatest Tank Battles		*The Hunt for Red October* ★★★ (1990, Suspense) Sean Connery.				
	129	773	60	CD	Mythes urbains	Mythes urbains	Le Convoi de l'extrême (HDTV)		Ondes de choc		Traque au prédateur (HDTV)		Voyage d'enfer
	261	394	61	V	Murder, She Wrote		Birds/ Feather	Wait for God	Blue Murder "Private Sins"		ideaCity	Naked	Doc
	602	567	62	W	Kim	How Clean	Clean	Kim	Love It or List It		Love It or List It (N)		Love It-List It
	269	350	70	APTN	Chants de la déterminATION		Last Call Indien		Hip-hop tout en couleurs!			Respectez	Célébrons
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show		The View (HDTV) (N)		The Dr. Oz Show (HDTV)		TMZ
	603	561	95	FN	Ricardo	Eat, Shrink	Best Thing Ate	At the Table	Top Chef Masters		Pitchin' In	Glutton	Best Thing Ate

critics'corner

Michael Jackson, What Happened Next
After Michael Jackson was acquitted of child molestation charges in 2006 and went into a self-imposed exile, writer and fan Jacques Peretti went in search of answers about the King of Pop, his life and what led him down his self-destructive path. The result is this 2008 documentary, which features startling revelations from Jackson's manager, a longtime friend and the journalists who broke the story about the child abuse allegations. 10 PM on 26 NW

True Beauty
The remaining seven contenders are challenged to create an appealing ad campaign for the Planet Hollywood buffet featuring their own nearly nude bodies and some strategically placed food, but one campaign is so tasteless the judges find it hard to swallow. The real test, however, is who will dig through a messy garbage can to help someone find a lost engagement ring in the new episode "Finding the Ring." 10:02 PM on 20 ABC 15 CITY

Jolie visit Haiti as UN goodwill ambassador

Actress Angelina Jolie has quietly returned to Haiti for meetings with Haitian and U.N. officials. The weekend visit by the "goodwill ambassador" for the United Nations High Commissioner for Refugees was not announced to keep it low-profile. THE ASSOCIATED PRESS

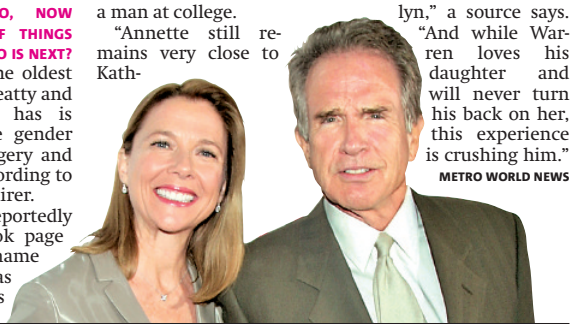
Celebrity Buzz

Beatty, Bening's girl to have sex change?

FIRST CHAZ BONO, NOW STEPHEN BEATTY, IF THINGS COME IN THREES WHO IS NEXT? Kathlyn Beatty, the oldest child of Warren Beatty and Annette Bening, has is planning to have gender reassignment surgery and live as a man, according to the National Enquirer.

Kathlyn has reportedly started a Facebook page under the name Stephen and has started dressing as a man at college.

"Annette still remains very close to Kathlyn," a source says. "And while Warren loves his daughter and will never turn his back on her, this experience is crushing him." METRO WORLD NEWS



Dreyfuss can't play himself

I GUESS IT'S BACK TO ACTING SCHOOL FOR THE OSCAR WINNER Apparently Richard Dreyfuss doesn't do a very good Richard Dreyfuss impression. The Oscar-winning actor was dropped from a radio show when he called in because the show's producers assumed he was an imposter, according to Page Six.

Dreyfuss was calling to support pal David Black, who was on the show to promote his new book. Black assured the producers that it was in fact Dreyfuss, who called back and managed to get on the air. METRO WORLD NEWS

Shia woos Carey's folks

LET'S HOPE HER PARENTS DON'T READ THE TABLOID STORIES OF HIS PAST ARRESTS Shia LaBeouf has already won Carey Mulligan's heart, but he apparently also wanted to make sure her parents love him, too. On a recent trip to London, the Transformers star did his best to woo his British girlfriend's mom and dad, according to the National Enquirer.

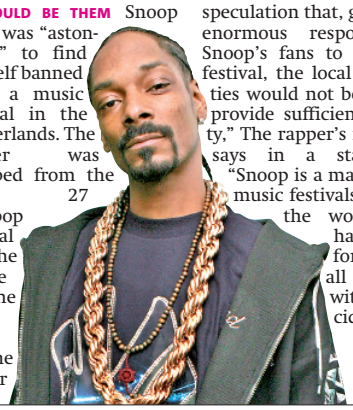
"Her parents were worried that Shia was just another Hollywood player who would hurt Carey," a source says. "Shia did his best to prove he's the real deal."

His best reportedly included bringing a Hermes scarf for Mulligan's mother and an iPad for her father. "They thought it was sweet, and he enjoyed spoiling them a bit," the source says. METRO WORLD NEWS

Dutch officials ban Snoop from festival

IF THERE WAS ONE COUNTRY THAT SHOULD LOVE FAMOUS POT-HEADS YOU WOULD THINK IT WOULD BE THEM Snoop Dogg was "astonished" to find himself banned from a music festival in the Netherlands. The rapper was bumped from the June 27 Parkpop festival in the Hague at the request of the mayor and local law enforcement, according to the BBC.

"There's been much speculation that, given the enormous response by Snoop's fans to the free festival, the local authorities would not be able to provide sufficient security," The rapper's manager says in a statement. "Snoop is a mainstay at music festivals all over the world and has performed at all of these without incident." METRO WORLD NEWS



Rachel, Hayden on a 'break'

HIS JEDI POWERS HAVE WORN OFF Rachel Bilson and Hayden Christensen, who announced their engagement last year, are now "taking a break," a source tells Us Weekly.

The pair are reportedly "taking about a month off" from their relationship before revisiting it to see if they should stay together. Bilson showed up at an E3 party in L.A. last week without her engagement ring. When asked about any wedding plans, she said, "No, no plans," pointing to her bare hand. "No nothing." METRO WORLD NEWS

Downey a Renaissance man

HIS CAREER HAS DEFINITELY HAD A REBIRTH The Gene Siskel Film Center in Chicago has honoured actor Robert Downey Jr. with its Renaissance Award.

The Academy Award-nominated actor was in Chicago on Saturday to accept the award. The centre says it chose to honour the 45-year-old Downey because he is "one of the most respected and versatile actors of his generation."

Downey gave an interview to director Todd Phillips, saying three of his movies are the "most representative" of his work, Tropic Thunder, Sherlock Holmes and Iron Man. He won a Golden Globe for Sherlock Holmes. The actor also says he's moved on from drug and alcohol abuse. THE ASSOCIATED PRESS

Follow these celebrities on Twitter...

CelebTweets

LINDSAY LOHAN is standing up for her mom, **KIM KARDASHIAN** is trying to enjoy her meal, **JUSTIN BIEBER** uses his Twitter account to flirt, and **AMANDA BYNES** is looking for a new career.

@lindsaylohan
ashley swan from carvel is unprofessional & lied about my mother grrrr! she should be fired. meanie

@KimKardashian
EWW Im at lunch,the woman at the table next 2 me is breast feeding her baby w no coverup then puts baby on the table and changes her diaper

@justinbieber
how u doin ladies ;)

@chicky
I don't love acting anymore so I've stopped doing it. I know 24 is a young age to retire but you heard it here first I've retired

METRO NEWS SERVICES

Taylor, King raise $1.5M for charity

CONCERTS Grammy winners James Taylor and Carole King are announcing that they have raised more than $1.5 million in charitable donations so far on their "Troubadour Reunion" tour.

Taylor and King are held a news conference yesterday before their show at the TD Garden in Boston to present donations raised through the halfway point of the North American leg of the tour to the Natural Resources Defence Council, Alliance for the Wild Rockies and other charities. THE ASSOCIATED PRESS

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Tuesday Mainly sunny 27° / 19°
Wednesday Mainly sunny 27°/ 17°
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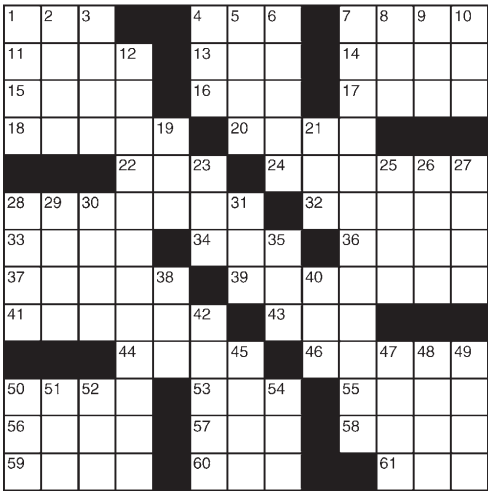
Take Five



ACROSS

1 "Holy mackerel!"
4 Stir-fry pan
7 Campus area, for short
11 Baghdad's land
13 Commotion
14 Incite
15 List of options
16 Knight's address
17 Unsigned (Abbr.)
18 Accordion feature
20 Approach
22 Tatter
24 Toward the rear of a ship
28 Actress Gwyneth
32 Old photo color
33 Lotion additive
34 Society newcomer
36 Depend (on)
37 Memorize
39 8 pecks = 2 —
41 Someone who belongs
43 Sticky stuff
44 Teensy bit
46 Muscle
50 Platter
53 Erstwhile acorn
55 Foolproof
56 Snug corner
57 Emulate Picabo Street
58 Greek vowels
59 Pismires
60 Cowboy nickname
61 Choose

DOWN

1 Chicken (out)
2 Hershiser of baseball
3 Decline
4 Existed
5 Valhalla bigwig
6 "M*A*S*H" locale
7 Track runner, maybe
8 Coffee vessel
9 Past
10 Lair
12 Gridiron VIPs
19 Pitch
21 Foolish one
23 Deity
25 Duel tool
26 Streamlet
27 Unfavorable votes
28 Coconut provider
29 Sheltered
30 Clayey soil
31 Symbol of intrigue
35 Insect
38 Profit
40 Weep loudly
42 Perch
45 Create
47 Car
48 Christmas paper
49 Egg container?
50 Genetic substance
51 Charged bit
52 Drunkard
54 Country singer Brooks

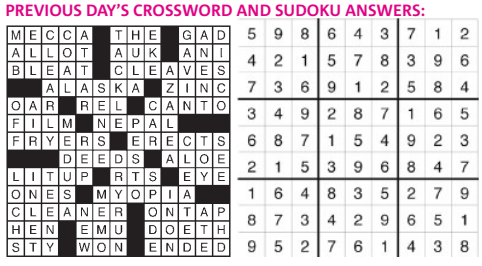
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			4	5			9	
			9	1	3		7	
3					2	4		
9						5		7
			8		7			
8		6						1
		1	6					2
	3		5	7	1			
	6			4	8			

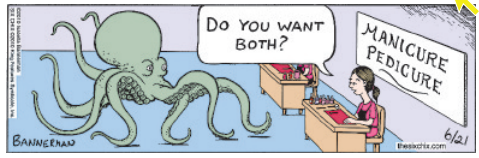
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	9	8	6	4	3	7	1	2
4	2	1	5	7	8	3	9	6
7	3	6	9	1	2	5	8	4
3	4	9	2	8	7	1	6	5
6	8	7	1	5	4	9	2	3
2	1	5	3	9	6	8	4	7
1	6	4	8	3	5	2	7	9
8	7	3	4	2	9	6	5	1
9	5	2	7	6	1	4	3	8

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Stir-fried Chicken and Avocado Salad with Hot Balsamic Dressing

INGREDIENTS:

Chicken
500 g boneless, skinless chicken breasts
2 tsp olive oil
2 large garlic cloves, slivered
2 tbsp honey
1 tbsp grainy mustard
1 tbsp balsamic vinegar
6 strips turkey bacon, diced

Salad
2 heads Boston lettuce, leaves
1 bunch watercress
2 avocados
3 tbsp lemon juice
2 cups cherry tomatoes
1 small red onion

METHOD:

1. For salad, place lettuce leaves in large salad bowl. Trim tips of watercress and toss with lettuce. Peel and halve avocados; discard pits. Slice avocados lengthwise, 1 cm thick, and toss with lemon juice. Halve tomatoes and slice onion into thin slivers. Scatter avocados, tomatoes and red onion on top of salad and refrigerate.
2. Cut chicken lengthwise into 2.5 cm wide strips. In large skillet, heat oil over medium-high heat. Add chicken and garlic; stir-fry until chicken turns opaque, 3 minutes.
3. Add honey, mustard and vinegar; mix well. Add turkey bacon and stir-fry until bacon is cooked and chicken is tender and moist, 3 minutes.
4. Spoon chicken strips, bacon and any remaining liquid on top of salad. Serve with wedges of warm, crusty bread.

SERVES 8

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton

sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
After several weeks in which you have been free to come and go as you please you now have to stay in one place for a while.

TAURUS ♉
APRIL 21-MAY 21
You may not completely understand the changes now taking place but if you go with the flow you may find you quite like them.

GEMINI ♊
MAY 22-JUNE 21
If you work hard and aim high it's more than possible that you will come into money in the near future.

CANCER ♋
JUNE 22-JULY 22
A new solar year begins today but you don't have to rush here, there and everywhere — at least not yet. Keep your options open.

LEO ♌
JULY 23-AUG 23
Like it or not you will have to let go of something you would rather keep hold of. You know it is limiting your options.

VIRGO ♍
AUG 24-SEPT 22
If you want others to trust you more you are going to have to earn it. Your task for today is to show you are serious about joint projects.

LIBRA ♎
SEPT 23-OCT 23
Act as if the eyes of the world are upon you. Most likely they are. There is no better time to make a good impression on people in positions of power.

SCORPIO ♏
OCT 24-NOV 22
No matter how much certain things may annoy you, either at home or at work, you must keep your thoughts to yourself for the time being.

SAGITTARIUS ♐
NOV 23-DEC 21
The right time to deal with an important business or money matter is now. Investments and property issues are under especially good stars at the moment.

CAPRICORN ♑
DEC 22-JAN 20
Partnership issues will come to the fore, but that's nothing to be worried about. Be honest about what you expect from a relationship and it'll work out.

AQUARIUS ♒
JAN 21-FEB 18
You have been wasting too much time and too much energy on things of no importance. Find ways to streamline your chores.

PISCES ♓
FEB 19-MARCH 20
Start doing what you want to do and do less of what other people want you to do. What you want most, of course, is more excitement in your life.

This day in history

1749: Halifax is founded.
1919: The Royal Canadian Mounted Police fire a volley into a crowd of unemployed war veterans, killing two, during the Winnipeg General Strike.
1940: The first successful west-to-east navigation of Northwest Passage begins at Vancouver.
1948: Columbia Records introduces the long-playing record album in a public demonstration at the Waldorf-Astoria Hotel in New York City.
1957: Ellen Louks Fairclough is sworn in as Canada's first woman Cabinet Minister.

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08 Accent
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- st: 29194
- km: 69385

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07 Mazda3
- A/C, Std
- st: 29650
- km: 91382

$8,990
$82** Bi-weekly

06 Pathfinder SE
- 4WD, Load, A/C
- st: 28503
- km: 82663

$19,850
$209* Bi-weekly

08 Eclipse GS Coupe
- Load, A/C, Auto,
- st: 28642
- km: 41699

$17,980
$146*** Bi-weekly

09 Matrix
- Load, A/C, Auto
- st: 28863
- km: 29372

$16,850
$136*** Bi-weekly

09 Nissan Sentra
- Load, A/C, Auto
- st: 29666
- km: 51023

$11,850
$96*** Bi-weekly

08 Ford Escape XLT
- Load, A/C, Auto
- st: 29755
- km: 60286

$16,540
$134*** Bi-weekly

08 Pontiac G5
- A/C, Auto
- st: 29152
- km: 59693

$8,750
$71*** Bi-weekly

10 Camry LE
- Load, A/C
- st: 29533
- km: 30042

$19,950
$161*** Bi-weekly

07 Audi A4 Convert
- AWD, Load, GPS, Lthr,
- st: 29546
- km: 52362

$34,890
$306** Bi-weekly

10 Mustang
- Load, A/C, Auto
- st: 29207
- km: 29348

$22,470
$174*** Bi-weekly

07 Honda Civic
- Load, A/C
- st: 28865
- km: 77988

$13,850
$126** Bi-weekly

05 Jeep TJ Sport
- 4WD, Std
- st: 27958
- km: 68686

$15,840
$167* Bi-weekly

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07 Corolla CE
- Load, A/C, Std
- st: 29702
- km: 75388

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$62** Bi-weekly

08 Mazda Tribute
- Load, A/C, Auto
- st: 29529
- km: 54497

$17,950
$145*** Bi-weekly

07 Dakota Magnum
- 4x4, Load, A/C
- st: 28111
- km: 55513

$17,860
$163** Bi-weekly

08 Ford Ranger Sport
- 4x4, A/C,
- st: 29117
- km: 66090

$16,450
$133*** Bi-weekly

07 Mazda B4000
- 4x4, Load, A/C, Auto
- st: 29443
- km: 38408

$15,950
$145** Bi-weekly

07 Econoline E250
- Super Duty, A/C
- st: 28294
- km: 75138

$17,360
$158** Bi-weekly

10 Dodge Journey
- Load, A/C
- st: 29473
- km: 20291

$19,850
$161*** Bi-weekly

09 Dodge Avenger
- Load, A/C, Auto
- st: 29707
- km: 62599

$11,850
$95*** Bi-weekly

06 GMC Canyon
- 4x4, A/C, Auto
- st: 29365
- km: 43250

$15,950
$168* Bi-weekly

07 Tacoma SR5 TRD
- 4x4, Load, A/C, Auto
- st: 28816
- km: 38555

$28,850
$261** Bi-weekly

06 GMC Sierra 1500
- 4x4, Load, A/C
- st: 29175-A
- km: 67773

$17,850
$188* Bi-weekly

08 Ridgeline RTL
- 4x4, Load Lthr, Roof
- st: 28708
- km: 17184

$32,890
$254*** Bi-weekly

06 Uplander LT
- Load, A/C, Auto
- st: 28161
- km: 99339

$8,950
$94* Bi-weekly

07 Prius Hybrid
- Load, A/C, Auto
- st: 28376
- km: 79869

$16,780
$153** Bi-weekly

07 Raider LS
- Load, A/C, Auto
- st: 28990
- km: 37060

$17,890
$163** Bi-weekly

09 Frontier SE
- 4x4, Load A/C, Auto
- st: 28694
- km: 32182

$25,980
$201*** Bi-weekly

07 Tundra SR5
- 4x4, A/C, Auto
- st: 28556
- km: 47596

$29,850
$261*** Bi-weekly

07 Ford F-350 XLT
- 4x4, Load, Diesel
- st: 29010
- km: 60151

$33,840
$296** Bi-weekly

06 Sienna CE
- Load, A/C
- st: 29637
- km: 97907

$14,950
$158* Bi-weekly

07 Suzuki XL-7
- AWD, Load, Roof, Lthr
- st: 29559
- km: 40595

$18,750
$171** Bi-weekly

06 Ford F-150 FX4
- 4x4, Load, A/C
- st: 28052
- km: 66876

$20,840
$212* Bi-weekly

09 Chevrolet G15
- A/C
- st: 28312
- km: 38582

$21,860
$169*** Bi-weekly

08 Ram TRX4 HEMI
- 5.7L, 4x4, Load, A/C
- st: 29296
- km: 42267

$24,850
$192*** Bi-weekly

10 Ford F-250 XLT
- 4x4, Diesel
- st: 29458
- km: 14352

$43,750
$338*** Bi-weekly

07 Mazda5
- Load, A/C, Std
- st: 29321
- km: 74806

$11,950
$109** Bi-weekly

09 Jeep Liberty
- 4WD, Load, A/C, Auto
- st: 29150
- km: 55813

$17,950
$145*** Bi-weekly

06 Tribeca B9 AWD
- Load, A/C, Roof, Auto
- st: 28724
- km: 77485

$22,450
$229* Bi-weekly

07 BMW Z4 3.0i
- Convert, Auto Load, Lthr
- st: 28298
- km: 44815

$32,850
$287** Bi-weekly

08 Santa Fe GLS
- 4WD, Load, A/C, Auto
- st: 28377
- km: 54197

$19,950
$161*** Bi-weekly

07 Yaris
- Std
- st: 29044
- km: 77412

$8,350
$76** Bi-weekly

08 Nissan Versa
- Load, A/C, Auto
- st: 29351
- km: 58630

$10,850
$88*** Bi-weekly

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